

*International Association
for the Study of Dreams*

**39TH ANNUAL
INTERNATIONAL
DREAM CONFERENCE**

JUNE 17 - 21, 2022

LOEWS VENTANA
CANYON RESORT
TUCSON, ARIZONA

PROGRAM GUIDE

Welcome to the 39th Annual Conference of the International Association for the Study of Dreams

On behalf of our Conference Committee and over 70 additional IASD volunteers who have cooperated in the preparation of the 39th IASD conference, we heartily welcome you to Tucson! We hope you will enjoy the **Loews Ventana Canyon Resort, in Tucson, Arizona**, and that you will take the opportunity to visit Arizona while you are here, a region of highly unique geological, indigenous, artistic and even celestial attractions. We hope your conference experience will be a rich one, with the opportunity to experience a great variety of dream perspectives, community building opportunities, and dreamwork techniques, as well as the enjoying the facilities that the venue has to offer.

This year's conference keynote speakers, as well as the program, span the spectrum from arts and culture to the science of dreaming. This conference welcomes first-time attendees as well as those who regularly attend. Our program includes receptions, a hospitality suite, and private IASD buffet meals. We hope to provide you with opportunities to meet other dreamers and dream workers from all over the world. We have designed the tracks in hopes that everyone can learn new perspectives on dreams and to hear from experts in the field of dreams. The tracks address a variety of dream fields, such as dream research and theory, clinical psychology, arts and humanities, culture and history, dreamwork, spiritual and religious aspects of dreams, psi and lucid dreaming, and mental imagery. This year we are also featuring a Newcomers Welcoming at our opening reception and at lunchtime on Monday in the Hospitality Suite, as well as featuring a Newcomers Morning Dream Group. Since no one can attend all the sessions, note that many are recorded for those who registered for the full conference or for those who could only attend at some point but wish to order a recording.

Planning Your Time

To plan your activities, the "schedule at a glance" is at the end of this booklet. Be sure to note the special events:

- Opening Reception — a meet and greet
- 9 Morning Dream Groups
- Keynotes and Invited presenters
- Hybrid Research Event – Thursday for Virtual and Onsite Attendees and speakers
- Dream Art Exhibition, Reception and Meet the Artist events — Salons K&L
- The Dream Telepathy Contest — practice your psi dreaming skills to find out what is inside the envelope
- Dream Circle Dance in the Foyer on Wednesday afternoon
- IASD Buffet Meals and Organizational Lunches for those who are or wish to be involved in various IASD committee activities and plans
- The Hospitality Suite opening times where you can relax and meet with other dreamers
- Opportunities to refresh in the pools or to take an early morning hike (with a map) on the adjacent mountain trail
- Dream Ball — dance the night away dressed as your favorite dream character, at our costume ball Thursday evening

We thank the presenters, the volunteers and the artists who make this all possible. We also thank all of you very much for attending and coming together with us to share your dreams, your visions and your knowledge.

On behalf of IASD and the Conference Committee
Robert Hoss, Conference Chair

Pandemic Precautions

Although the impact of the pandemic has subsided from its peak, the virus is still with us, we will be bound by whatever the local regulations are at the time, so note signs around the hotel. Also, we have asked that people attend only if they have been vaccinated or have had a negative test shortly before attending. We also advise that you take the precautions that you are personally comfortable with, such as having been vaccinated yourself, and/or wearing a mask for your own protection and for the protection of other attendees. If you see others wearing masks or distancing, please be courteous and respect their needs, decision, and privacy. Some nifty IASD branded masks are available at the conference registration desk!

International Association for the Study of Dreams

IASD was founded in 1983 and is the premiere international dream organization in the world. We are a non-profit, international, multidisciplinary organization dedicated to the pure and applied investigation of dreams and dreaming. Our purposes are to promote an awareness and appreciation of dreams in both professional and public arenas; to encourage research into the nature, function, and significance of dreaming; to advance the application of the study of dreams; and to provide a forum for the eclectic and interdisciplinary and cross-culture exchange of ideas and information. Our membership represents over 30 countries and people from all disciplines; including psychologists, academic scholars, therapists, anthropologists, dreamworkers, researchers, artists, educators, and writers.

The IASD membership meeting will take place on Wednesday afternoon – and is OPEN TO ALL ATTENDEES. All are welcome, and we want everyone who can to attend, particularly if you are not a member, so you have an opportunity to find out about how much fun being part of IASD can be. We will try to keep the business part short, and it is an opportunity to hear our IASD President address the group, outlining accomplishments and goals. Student and Research awards will be announced. Copies of IASD's book *Dreams that Change Our Lives* will be given away to three lucky attendees

IASD Dreamwork Ethics Statement and Principles of Community

<http://www.asdreams.org/ethics-and-confidentiality>

Dreamwork Ethics: In short, IASD supports an approach to dreamwork and dream sharing that respects the dreamer's dignity and integrity, which recognizes the dreamer as the decision-maker regarding the significance of the dream, and which honors the dreamer's decision to share or discontinue sharing a dream. Ethical dreamwork helps the dreamer work with his/her own dream images, feelings, and associations, and guides the dreamer to more fully experience, appreciate, and understand the dream. Every dream may have multiple meanings, and different techniques may be reasonably employed to touch these multiple layers of significance. Be aware that unexpected issues or emotions may arise in the course of the dreamwork. Dream groups should establish an agreement about the degree of privacy and confidentiality which are essential to creating a safe atmosphere. Please understand that dreamwork outside of a clinical setting is not a substitute for psychotherapy or other professional treatment. IASD recognizes and respects that there are many valid and time-honored dreamwork traditions, and we invite and welcome the participation of dreamers from all cultures. There are social, cultural, and transpersonal aspects to dream experience; thus, we do not mean to imply that the only valid approach to dreamwork focuses on the dreamer's personal life. Our purpose is to honor and respect the person of the dreamer as well as the dream itself, regardless of how the relationship between the two may be understood.

Professional Presentation Ethics:

Attendees to IASD conference sessions do so with the expectation of learning something new from an introduction to new information or approaches – they do not expect a sales pitch on a product, book or service, and are generally offended when that occurs. Overt self-promotion and direct solicitation, such

as openly advertising and selling books or services during the presentation, is considered unprofessional and unethical and is not permitted during a session. You may reference your work in a professional manner, however, if it acts as source material in support of your presentation. The IASD conference provides an Attendee Information Table where you may display information on your events, products or services. The sale of all books and other products must be done through the conference bookstore, except by prearrangement with the vendor manager.

IASD Principles of Community: IASD is committed to promoting an environment that supports every person in an atmosphere of mutual respect, cooperation, professionalism, and fairness. Realization of this commitment requires awareness and active participation by every member of our community. IASD holds the following values to be important to its mission, and asks that those participating in IASD events, as a presenter or attendee, strive to honor and help create an atmosphere supportive of these values: **Receptivity:** An open, respectful exchange of ideas, including cultural, scientific, and arts-based investigations into dreams and dreaming. **Diversity:** A constructive educational environment for participants at conferences and other activities, that welcomes the multiplicity of different approaches to dream studies, and strives to create an open, inclusive atmosphere of mutual respect. **Integrity:** A community that aspires to practices of the highest quality at annual conferences, regional events, online courses, and online conferences, based on a foundation of ethical principles of dreamwork. **Dignity:** Fairness, respect, and individual dignity. The promotion of a safe environment that is free from any type of harassment or abuse. IASD does not condone discrimination based on sex, race, ethnicity, age, gender, sexual orientation, culture, national origin, religion or spiritual beliefs, ability/disability, language, political ideology, or socioeconomic status, and seeks an environment free from sexual harassment and the abuse of power.

Continuing Education (CE) Credits

Thank you for participating in our CE program! Questions or comments about the CE program can be directed to Remy Mallett mallett.remy@gmail.com, the IASD CE Administrator.

Which Sessions Qualify for CE at the conference? ONLY sessions in the program booklet text marked with the letters “CE” qualify for IASD CE credits. All conference participants may attend any event marked “CE” but only those who pay in advance and follow all procedures outlined below will receive CE credits. You will receive a booklet if you reserved one as part of your pre-registration, or if you request and pay for one at the registration desk when you arrive – however, those are in limited quantities.

IASD CE CREDITS: The International Association for the Study of Dreams (IASD) is approved by the American Psychological Association to sponsor continuing education for psychologists. The International Association for the Study of Dreams (IASD) maintains responsibility for this program and its content. As per APA guidelines, psychologists must attend a CE course in entirety to receive full credit for their participation. Partial credit will not be awarded for partial attendance.

NOTE ONLINE CE SYSTEM: Note that all CE participants must use the online system during or after the conference to submit their CE evaluation scores, in order to electronically receive their CE certificate. Immediately read the instructions when you receive your CE booklet and enter your Personal ID number (from the list at the registration desk) on the last page of the booklet. You will need that for online entry. If you wish to submit the scores online during or right after the sessions you should download the on-line survey to your smart phone or tablet beforehand from the link in the booklet. There is a training session on Sunday 3 to 4 PM in Salons B & C.

THANK YOU

Conference Committee and Volunteers.

(You can spot them from the YELLOW badges or ribbons – they are there to help you.
We could not have put this conference on without their help, so give them a hug when you see them.)

IASD Conference Management Core Team:

Bob Hoss – IASD Conference Director	Jeff Armano – AV Volunteer Manager
Katherine Bell – Program Co-Chair/Database Manager/Dream Ball Chair	Angel Morgan – Keynote Coordinator/ Diversity Advisory Committee Chair
Alina Mansfield – IASD Office & Pre-Registration Mgr	Katja Valli – Research Track Program Chair
Richard Wilkerson – Supporting Office Manager	Remy Mallett – CE Admin & Onsite Research Chair
Laura Atkinson – IASD Advertising/Web Master	Julie Nauman-Mikulski – Arts Exhibit Chair
Jean Campbell – IASD Advertising and PR Mgr	Scott Sparrow – Recording Manager
Curt Hoffman – Program and Document Editor	Marcia Emery – Hospitality Manager
Julie Sparrow – IASD Volunteer Manager	Robert Waggoner, Cynnie Pearson -- Psi Contest Co-Chairs
Geoff Nelson – Room Monitor Manager	Breakpoint Books - Dave Hemsath
	Tobi Hoffman – Vendor Manager

Crisis Intervention Team:

Kim Mascaro – Ethics Co-Chair | Gregory Scott Sparrow | Linda Mastrangelo

Submission Reviewers:

Sheila Asato	Harry de Bont	Phil King	Alan Siegal
Linda Atwood	Leslie Ellis	Barbara Koning	Tadas Stumbys
Mark Blagrove	Art Funkhouser	George Leute	Misa Tsuruta
Nick Brink	Jayne Gackenbach	Kimberly Mascaro	Hester van Leeuwen
Edward Bruce Bynum	Curtiss Hoffman	Angel Morgan	Robert Waggoner
Michelle Carr	Ryan Hurd	Geoff Nelson	Bernard Welt
Laurel Clark	David Kahn	Lauren Schneider	Maxime Zeef
Alya Danna	Ed Kellogg	Michael Schredl	

Conference Volunteers: Many thanks to all of our volunteers that help our conference run smoothly and make it possible for all to enjoy!

Susan Armington	Elizabeth Foster	Nile Kuehn	Rache Raider
Linda Atwood	Arthur Freeman	Denise Luther	Sharon Reinbott
Catherine Banghart	Angela Grillo	Tanaka Michelle Maisvoreva	Tabitha Rodriguez
Shelia Benjamin	Betsy Grund	Suzanne Maniss	Lindsay Roth
Cindy Bishop	Colleen Hickey	Chase Markovich	Debbie Spector Weisman
Jessica Blum	Elaine Highsmith	Amber McCrackin	Jeri Staley
Angela Cara	Celia Hildebrand	Bonnie Mitsch	Tracey Thomas
Briana Chaney	Katherine Hypes	Glory Nelson	Benjamin Whitehurst
Laurel Clark	Diana Johnson	Skyler Paul	
Duane David	Nataliya Kostereva	Kathlyn Pihl	
Max Deaton	Karen Kostreba	Delia Puiatti	

Art Exhibition Jury : Julie Nauman-Mikulski | Kim Vergil | Walter Berry

Conference Overview

Navigating the Program • The best way to get an overview of the conference is to review the Schedule-at-a-Glance on the last few pages of this booklet. In each cell of the schedule, room names are in [brackets] along with the abbreviated names of the presentations and presenters' last names. To find your way to the rooms, the Facility Map with room names and locations can be found just before the Schedule-at-a-Glance. If a particular session catches your eye, go to the Program Listing section to read a description of that event or the Bio Section to find out about the presenter.

Registration and Information Desks • On Sunday and on Monday morning you will find two types of Registration Desks, one marked for Pre-registrants and another Special Activities desk for walk-in registrants, ticket sales and payments. Starting on Tuesday, both desks combine as an Information Desk which is moved into the Coronado room. It provides the same services plus a single point of contact, information, and directions to attendees. Note that the **Lost and Found** box will be at these desks.

Your Badge Holder • Take a look at what is inside your badge holder. Full conference paid attendees, presenters and volunteers will find a complimentary drink ticket for a welcome drink (alcoholic or non-alcoholic) during the opening reception, or at the Art reception or the Dream Ball. Pick up a lanyard from the box to hang your badge on. There will also be a box or stack of stick-on ribbons for you to attach to your badge to identify yourself as a presenter, first-time attendee, crisis intervention or other categories by which you may be identified. Peel the tape off the back and stick it on the bottom of your badge holder.

Sign-up Sheets for Morning Dream Groups and Limited Attendance Workshops • Each morning begins with one-hour Morning Dream Groups; there are nine of them to choose from. Be sure to sign up for these groups on the first

day in the registration area (look for the table marked "Morning Dream Group Signup") since attendance may be limited for some groups. Also look for a second table marked Limited Attendance Workshop Signup and sign up for any of the limited attendance workshops you wish to attend that are marked as such (number in brackets) on the Schedule and Program Description. The Workshop sheets will remain available until the workshops fill, but early sign-up for these is recommended.

If You Have a Question or Need a Problem Resolved • Go to the Registration/Information desk and ask a Volunteer or look for any Committee Member, who will be wearing a **YELLOW BADGE**.

Photography prohibited during workshops. For legal, privacy and personal safety reasons, no photography is allowed during workshop sessions even if the presenter has asked for it. All of the workshop participants must give written permission to have their photos taken (especially if the photography is going to be uploaded online or in social media). Taking photos of Zoom presentations potentially falls under copyright if shared online, unless the presenter announces that participants are welcome to take photos of the projected slides for their personal learning. It is NOT PERMITTED to stream any session while it is taking place, even if you are the presenter. Photography is permitted in places like the meal rooms, courtyard, public spaces, dream ball, etc., which are considered "public areas" but even then be courteous and ask the person you wish to photograph for permission.

Products and Exhibits

Bookstore • Books from many of our authors/presenters can be found at the bookstore, managed by Dave Hemsath of Breakpoint Books - located in Salon E in the middle of the ballroom sections. NOTE: Those of you who are book authors, and who brought your books for sale, should see the bookstore manager, drop off your books, and sign the agreement if you haven't already done so. It is IMPORTANT that you also note the times (Noon

to 3 PM Thursday) for picking up your books and any payments due to you when the bookstore closes at 3 PM Thursday. We cannot be responsible for shipping books left in the bookstore.

IASD Information Table and Conference Message Board • There is a marked table in the Registration area which contains IASD-related information as well as other information we may have acquired to help you, such as the hike maps and local transportation. Also please check the nearby message pin-up boards daily for schedule changes, and messages which may be posted in your name.

Attendee Information Table • There will also be a marked table located in the Registration area that offers a place for conference attendees to display literature and other materials related to their dreamwork. Please visit the table to learn more about your fellow dreamworkers. If you have items that you want sold at the conference, please speak to the bookstore manager. Only items for which vendors have made pre-arrangements with the vendor manager may be sold outside of the bookstore.

Conference Recording • There is no need to worry if you can't attend everything you want to attend. Selected sessions will be recorded on Zoom by IASD. A video/audio download of all sessions that are recorded (almost all lecture-based sessions) will be provided to all who registered for the full conference and for a small fee to partial registrants. They are also available to order at the Special Activities Registration Desk. After the Conference we will announce ordering information and pricing as well (which may be at a slightly higher price than those reserving as part of attending the conference). Those reserving a copy will be sent a passcode for the download within about 30 days after the conference. Order forms are available at the registration desk.

Crisis Intervention, Ethics, Diversity and Disability

Crisis Intervention • IASD has asked a few of our psychological professionals to stand by and assist in the event of an **emotional** crisis. If you experience emotional distress or lingering concerns following a workshop or other event, and would like a chance to talk with someone, please ask anyone wearing a YELLOW ribbon with RED lettering on their badge marked "Crisis Intervention". The team consists of Kim Mascaro (our Ethics Co-Chair), Linda Mastrangelo, and Gregory Scott Sparrow. If you cannot find one of them, please ask your Room Monitor for assistance or go to the Information Desk for assistance in locating them (they will call them on their cell phones to meet with you). Your trust is important to us; we will handle situations in confidence. If your crisis is of a **medical** or **physical** nature it should be reported to the Loews Hotel reception desk or call them by dialing '0' on a house phone, or if immediate you can call 911; but also inform the hotel desk so they can properly handle the responders.

Grievances • It is IASD's aim to conduct our activities in a manner which conforms to the American Psychological Association's Ethical Principles of Psychologists and the IASD Ethics Statement and Principles of Community. While IASD attempts to anticipate problems and to assure fair treatment for all participants, situations may arise that require intervention and/or action by the convention staff or an officer of IASD. If you have a concern or suggestion about the program, the facility, or a particular presenter, at a minimum submit it as part of the online conference evaluation. If it is an immediate need that relates to the facility or conference in general, you may ask your Room Monitor or Information Desk volunteer to contact the Conference Chair (or other appropriate individual) to mediate. If you have an ethics concern you may ask to speak with the IASD Ethics Chair or the IASD President, who will follow our ethics policy and practice in handling the concern within the Ethics Committee. To make contact with the appropriate individual who might help you, please go to the

Information/Special Activities Desk and indicate that you would like to report a significant grievance or possible ethics violation. Depending on its nature, you may be asked to submit the grievance in writing, so that it can be addressed by the appropriate person(s); your identity will be kept confidential.

Diversity • The IASD Dreams and Ethnicity Portal is offered by the IASD Diversity Task Force Advisory Committee (DAC) to encourage further understanding of authentic, culturally diverse perspectives on dreaming, and to promote increased ethnic diversity in all IASD functions: membership and recruitment, leadership positions, conferences and symposia, dream-studies research, publications, educational outreach, and public-relations efforts to advance dreamwork and the general understanding of dreams and dreaming. The IASD Dreams and Ethnicity Portal includes photos and bios of DAC members; videos, podcasts, and publications; information about IASD's DEI dream research grants, DEI student research awards; Culture-Keeper memberships; BIPOC conference scholarships and grants; and more. Contact diversityresponse@asdreams.org to learn more about any of these initiatives, including special opportunities to sponsor scholarships and awards. And remember: That's the contact address for any comments on ethnic and racial Diversity, Equity, and Inclusion in all IASD functions. Thank you for your support! You can visit the portal <https://www.asdreams.org/dreams-and-ethnicity-portal/>

Disability • IASD has requested those who may have a special need to let us know when they register. If you have not pre-registered, let the registration desk know when you arrive. We cannot promise to meet every request; however, we attempt to satisfy those that we are practically able to meet, within the constraints of what the facilities can or do offer. They may not be able to offer personal devices or wheelchairs, but they can help you rent them if you request them. **Special Seating:** Signs marked "Reserved for Limited Sight/Hearing" are placed on a few chairs in the front rows of each session for those who need them. If occupied, you may ask your

room monitor to intervene for you if the situation needs to be sorted out. **If you have a special lodging-related need** you may request help from the **Loews Conference Services Manager – Claritssa Dillemuth**.

Special Hybrid Research Event • A one-day Hybrid Research Event on Thursday July 21 from 9 AM to 5:30 PM Pacific US time is part of the Conference and is hosted on Zoom link: <https://utrgv.zoom.us/j/7869148347> It is also broadcast on-screen for onsite attendees in Salon C for the keynote and Salon D for the daily presentations. Feel free to attend this session either in the on-site room or from anywhere by logging into Zoom. It begins with keynote Michelle Carr, PhD followed by 12 international research presentations.

Features of This Year's Program

Evening Receptions • There are two formal receptions, the Opening Reception on Sunday evening after the opening keynote, and the Arts Reception on Wednesday evening in the Art Exhibit area (Salons J&K). Each reception will have complimentary bulk beverages (punch, tea and coffee), snacks, and a pay bar. For paid full conference attendees, presenters and volunteers, your registration fee includes a complimentary drink ticket (for certain alcoholic or non-alcoholic bar drinks) which can be found in your badge holder and can be used at either reception.

Hospitality Suite • *Open Monday - Thursday and again Friday morning – see the Schedule at a Glance.*

We cordially invite you to join us at the Hospitality Suite, located in the hotel's Presidential Suite, Room 4274, which is at the far end of the East Wing. It overlooks the city of Tucson, a stunning sight at night. It's a casual way to make contact with other dreamers outside of the conference sessions and workshops; to share ideas, experiences, and dreams; to greet old friends and make new ones — all in a relaxed and welcoming environment. No meals are provided, only snacks and beverages, but you are welcome to bring your

own food, perhaps after picking up a meal to go at the Barista or before or after your Buffet meal in the Kiva. The room will also host some special thank-you gatherings, one for just our **Volunteers** on Tuesday at 1:45pm and another for just our **Presenters** on Tuesday evening at 9:45 PM. On **Friday morning** after the conference has ended, the Hospitality Suite will be open from **8 AM to 11 AM**, to help soften the saying good-bye process. We look forward to greeting you at the Hospitality Suite!

IASD Membership Meeting (open to ALL) • Monday 18 June from 3:30 PM to 5:00 PM. One of the primary purposes of our annual conferences is to hold the annual IASD Membership Meeting. This meeting is open to all attendees – members, non-members, and those curious about IASD and perhaps becoming a member. This is a chance to meet our members, our incoming officers and board, and to hear about recent IASD achievements and future plans from our president. We welcome and encourage your attendance.

Committee Luncheons • Daily at lunch times in the Kiva Ballroom. Take your lunch from the Buffet in Kiva B and then join the group in Kiva Ballroom A – check the Site Map and Schedule at a Glance for location and times.

- **Research Group Luncheon – Monday 18 July 12:00 to 2:00 PM.** All researchers, including student researchers, are warmly welcome, irrespective of whether or not they are presenting in the Research track. The meeting is an informal networking event, so come to meet old friends and colleagues and to make new ones! No formal program is included.
- **Regional Representatives Lunch – Wednesday 20 July 12:30-2:30 PM.**
- **2023 Conference Planning Luncheon – Thursday 21 July 12:45-2:45 PM.** For those on the core conference committee as well as others who wish to join the planning group, to volunteer, or who are just curious about the conference, which will be held in Ashland, Oregon 18 through 22 June 2023.

Juried Dream Art Exhibit • Opens Monday July 18 in Salons K 7:45 at 12:00 noon and will remain open until 8:00 p.m. on its first day. After the first day, the Exhibition will be open during break periods; please check the conference schedule for specific daily hours. The Exhibition changes year to year, but in the past has featured anywhere from 50 to 100 works of original dream-inspired art in various media including painting, drawing, collage, sculpture and video. Juried art awards will be decided by a panel based on criteria that includes originality, integrity, universality, and relevance to dreams and dreaming. Serving on this year's panel are artists/IASD members Walter Berry, Julie Nauman-Mikulski, and Kim Vergil, as well as local artists/educators Aaron Coleman of the University of Arizona and Britten Traughber of the Tucson Museum of Art. The **People's Choice Award** will go to the artist

selected by popular vote, so pick up your ballot at the Dream Art Exhibition—and be sure to vote!

- On Wednesday July 20, an informal **Meet the Artists event** will take place from 5:30 to 6:30 p.m. within the exhibition space, where conference attendees can mingle with artists and jurors.
- An **Arts Reception** is held later that evening from 8:00 to 10:00 p.m. Award winners will be announced at the Reception and light refreshments and beverages will be served. We look forward to seeing you there!

Dream Telepathy Contest • Monday evening at 9:30, immediately after the Keynote.

Co-hosted by Cynthia Pearson, Sherry Puricelli, and Robert Waggoner, the Dream Telepathy Contest invites dreamers to "try their psi," based on the groundbreaking experiments which Drs. Montague Ullman and Stanley Krippner performed at the Maimonides Medical Center and reported in their book, *Dream Telepathy: Experiments in Nocturnal ESP*. On Monday evening, participants will gather for instructions; then, later that night they will attempt to dream of the "target" picture. One person is designated as the "sender" who attempts to telepathically broadcast the target picture. Contest participants go to sleep with the intention of

dreaming of the target picture and then record their dreams as soon as they wake and place them in a box, on the IASD Information Table, for judging. Contest committee members review the entries and evaluate how close they came to the target picture. The most successful dreamers will be announced at the Dream Ball.

Asclepion Temple Healing Tent – open each day after 10:00 AM till 8:00 PM

The Asclepion Temples, named for Asclepius the Greek God of Medicine, were ancient sanctuaries built in secluded areas near spas and mountain retreats for the purpose of healing. These places provided a sacred space for visitors to incubate and tap into the wisdom and guidance from their dreams. As a special event at the conference, we will be recreating our own version of this dream temple for our attendees in the Sonora room.

Dream Dance Circle • Wednesday Evening 20 July at 7:00 PM to 8:00 PM

A warm welcome to all dear souls for an interactive community song and dance circle that blends various traditions and celebrates life and dreams through movement and music. It's a fun opportunity to enjoy friendly faces and charge up physical and dream bodies with lots of lucid energy. In this easy-going, supportive atmosphere, absolutely no previous experience is required (so please ignore your inner critic!)

Early Morning Trail Hike– On your own hike along the Ventana Canyon Trail. It is a gorgeous desert hike leaving from the hotel. There will be a trail map available on the IASD Information Table with options along it to return early or hike longer. **Only attempt hiking in the early morning** (7am latest start time) for lower temperatures and less sun exposure. **Bring shoes, a couple bottles of water, and sun protection** for hiking on a rocky trail. Some spare sun block is available at the IASD Information desk.

Annual Costume Dream Ball • Thursday from

8:00 PM to Midnight (Costume parade 8 to 9 PM)

On the last evening of the IASD conference, it's time to spend some timeless hours in a shared space where dreams come alive in waking life!

Costumes are not mandatory, but you are encouraged to take this chance to dress up like an image or element from your dreams and dance the night away.

- **The Band:** We are pleased to announce the **George Howard Band** for our 2022 Dream Ball! When George Howard takes the stage, the audience quickly senses that this band is something special. And when they hit the first chords of their opening number, it becomes apparent that these guys are master musicians. George and his high energy dance band will get you moving with their music from multiple genres, from pop and traditional to rhythm and blues. Recently inducted into the Blues Hall of Fame, George is a founding member of the Tucson Musicians' Museum. He has been involved in playing music for over 40 years, and is a sure crowd-pleaser.
- **Costume?** Start thinking now about your costume! There will be a dream costume parade that begins at 8:00 pm. You will have 1 minute to present how your costume relates to your dream (2 minutes for groups). We hope you will enjoy this dream community celebration and magical conclusion to the conference!

○ **PLEASE NOTE: Cultural Appropriation Awareness:**

If your dreams are diversely populated, that's a beautiful thing. However, IASD members sharing the dance floor will appreciate your awareness that cultural and/or racial appropriation is harmful to other people in waking life. The IASD Principles of Community statement says we value "Diversity: A constructive educational environment for participants at conferences and other activities, that welcomes the multiplicity of different approaches to dream studies, and strives to create an open, inclusive atmosphere of mutual respect." We hope you enjoy exploring the multiplicity of creative possibilities for dream costumes that won't offend other members. If your dream costume idea might target someone else's religion, race, ethnicity, culture, gender, sex,

sexual orientation or personal identity, then it's best to dream up a new dream costume idea. Thank you for helping create a safe space for our dream ball to be a great success!

- Here's some valuable information that might help you decide what *not* to wear:
<https://www.ohio.edu/orgs/stars/Home.html> and
<https://www.youtube.com/watch?v=KMhKooYOQrM> If you have questions, you can email the Diversity Task Force Advisory Committee:
diversityresponse@asdreams.org
- **Don't have a costume? Here are a few local places to find dreamy costumes in Tucson:**
 - <https://tucsonthriftshop.com> 319 N 4th Ave, Tucson, AZ (520) 623-8736
 - <https://www.thegaslighttheatre.com> 7010 E Broadway Blvd, Tucson, AZ 85710
 - <https://www.partycity.com> 5566 E Broadway Boulevard, Tucson, AZ 85711 (520) 600-5585
 - Goodwill Southern AZ/. Costume zone. 4955 E. Speedway Blvd. (520) 795-2855
 - Savers.com. 5845 E Broadway Blvd, Tucson, AZ 85711 (520) 571-2001
 - Website: shopdesertvintage.com 403 N 6th Ave, Ste 119, Tucson, AZ 85705 (520) 620-1570
(Cross Streets: Near the intersection of N 6th Ave and E 7th St)

Conference Evaluations •

We appreciate hearing what you loved about the conference and what didn't work as well for you. Please put your feedback in writing by completing the online Full Conference Evaluation form (see link below), so we can respond thoughtfully and use your comments for future planning. We will email you a reminder with the link after the conference. It only takes about 5-10 minutes! The FULL CONFERENCE EVALUATION FORM can be found at:

<http://iasdconferences.org/2022/evaluation2022>

Orientation to the Hotel and Surrounding Area

Site Maps • Note that near the back of the booklet is a diagram of the Loews Ventana Canyon Resort Facility and the conference room locations, as well as the buffet meal location in the Kiva building.

Local Attractions • There may be information such as the hike map or summary of local attractions on the IASD Information table, or you can see the Concierge in the hotel registration lobby for brochures of all of the local attractions.

Hotel Policies •

- **Parking** • Self-parking is complimentary.
- **Smoking** • This a non-smoking hotel.
- **NO Incendiary or Smoke Producing Items** • No persons or sessions shall use any fireworks or incendiary devices, nor anything that may create smoke or cause smoke alarms to be activated indoors at the Doubletree Hotel.
- **Room Charges** • Guests are responsible for their own hotel room charges based on the arrangements made on their reservations, including any fees for late cancellation or early checkout. Please be aware that the \$29 resort fee that showed up on your reservation is NOT TO BE CHARGED to IASD conference attendees who registered for Loews lodging – so point this out to the front desk when you check out if they accidentally don't take it off your bill. IASD can assist in limited cases with room rate disputes that do not comply with our contract, but guests should fully understand the details of their reservations when they arrive.
- **Food:** Loews does not allow food or beverages from outside of the property, except when served in guest rooms and the IASD Hospitality Suite. All food and beverage served in public event spaces must be provided by Hotel catering.

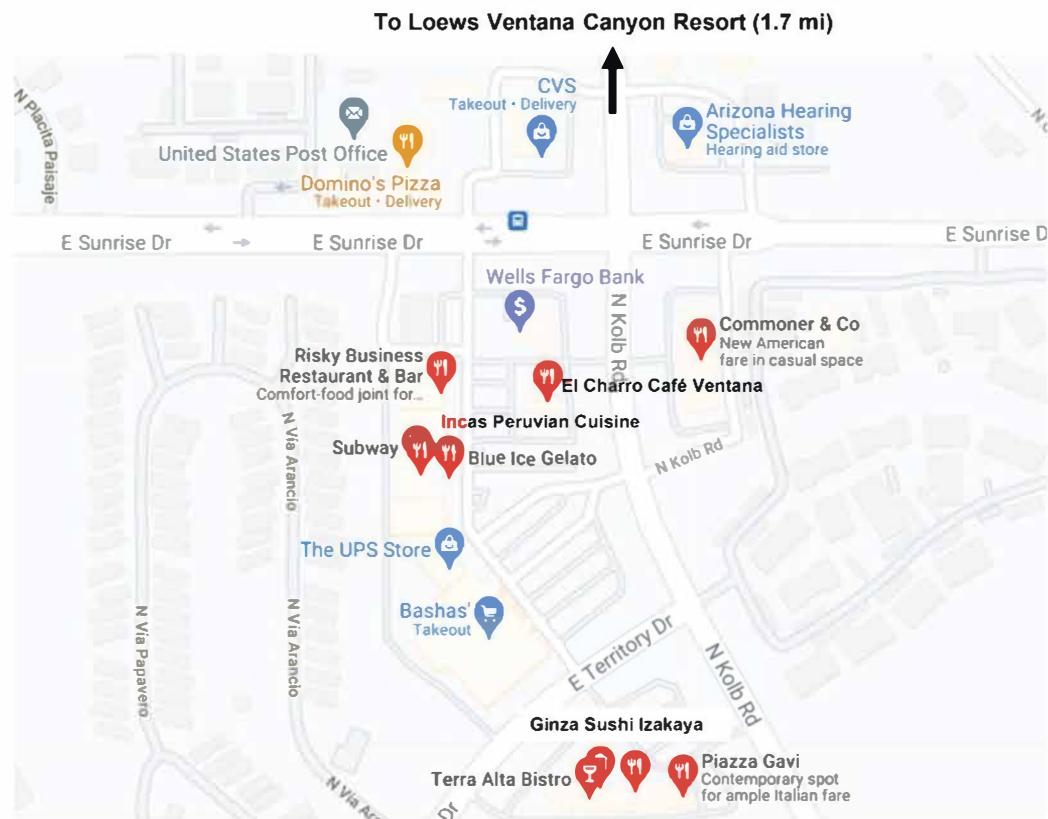
Web Access • The hotel includes complimentary Wi-Fi in all lodging rooms. Wi-Fi is also available in certain conference areas, particularly in lecture type session rooms.

Dining •

- **Private IASD Buffets for Breakfast, Lunch and Dinner:** Loews is providing private IASD buffet meals to be served in the Kiva ballroom during our 2 hour meal breaks. We highly recommend that for quick service and a chance to gather as a group. Meal menus will be posted on the IASD Information board and special diets can be ordered when you get to the Kiva. It is located across from the East Wing of the hotel just below the Flying V restaurant.
- **Hotel Restaurants.** Breakfast (grab and go) and limited dinner service are available at the hotel restaurants (check days and times at the front desk since they do change).
 - **VISTA BARISTA - Breakfast or Lunch (take away):** Coffee drinks, specialty teas,

smoothies, yogurt parfaits, fruits, breakfast pastries, and bagels, light salads, sandwiches, and snacks to take on the go. Open 6am to 2pm.

- **CASCADE LOUNGE – for Dinner:** Typically open 3pm to 10:30 pm (drinks till 11 pm).
- **FLYING V BAR & GRILL – for Dinner:** Limited size and popular, so best to make a reservation early – perhaps a day before. Open Wednesday to Sunday for dinner 5 PM but typically closed Monday and Tuesday.
- **Breakfast or Dinner:** Room service. Selection from the in-room dining menu. Typically Breakfast daily 7 AM – 11 AM, Dinner daily 4 PM – 10:30 PM
- **Nearby Restaurants** There are many fine restaurants around Tucson; however none are within reasonable walking distance. The closest are in a shopping area about 1.7 miles away. See map below.



Local Transportation • Check with the Hotel registration desk for information on Lyft, Uber, and other ride services. They can also call a cab.

2022 IASD Conference Program Listing and Schedule

SUNDAY 17 JULY 2022					
Time 12hr Pacific US	Room	Type & Track	Presenter Listing	Title	Summary
8 AM-1 PM			No Sessions: Setup and Volunteer Training (9 AM to 3PM) refer to Schedule at a Glance Hotel Lunch available 11 AM to 1 PM Blues, Brews, and BBQ Brunch;		
1 - 6:30 PM	Foyer			Registration OPEN	
	Salon E			Bookstore OPEN until 6:15	
1 - 5 PM	Salons B&C			Presenter AV checkout	
3 to 4 PM	Salons B&C			CE booklet and online Evaluation Application orientation	
1 -6 PM	Executive Boardroom			IASD Board Meeting (Dinner Served 5:00)	
5 - 6:30 PM	Kiva Ballroom			IASD Dinner Buffet in Kiva Ballroom B (pay on entry)	
		6:15 begin entering	Welcome and Keynote Session - with music on entry by Craig Webb		
6:30 - 8:30 PM	Salons B&C [Recorded]	Welcome 6:30 - 7 PM KEYNOTE	Edward Bruce Bynum, PhD 7 - 8:30 PM	African Mysticism and the Dreams of Modern Science	Dr. Bynum is a clinical psychologist, a student of Swami Chandrasekharan and Saraswati, a winner of the Abraham H. Maslow award from the APA, and author of several books, including <i>The Dreamlife of Families</i> , <i>The African Unconscious</i> , and <i>Dark Light Consciousness</i> .
8:30 - 11:00 PM	Foyer			Opening Reception and Newcomers Welcome Pay Bar and Snacks All Attendees Welcome	

MONDAY 18 JULY 2022					
Time 12hr Pacific US	Room	Type & Track	Presenter Listing	Title	Summary
7 AM-8 AM	Kiva Ballroom B	IASD Breakfast Buffet in Kiva Ballroom B (pay on entry)			
	Executive Boardroom	Morning Dream Group, Intuitive (20 persons)	Curt Hoffman	Developing the Intuition in Group Dreamwork	We will explore the ways in which intuitive perception can help in group dreamwork, following the Ullman technique as modified by Taylor along with Jungian amplification methods.
MONDAY and DAILY 8-9 AM	Sabino	Morning Dream Group, Seth based (20 persons)	Virginia G. Bennett. and David Cielak	Dream Group: Seth, Dreams and Exuberant Health	This Dream Group explores how dreams can help us achieve and maintain exuberant health. Using guidance including dream incubations, suggestions, and techniques from the Seth Material, we can utilize our dreams to explore how to "create our own waking reality", including optimal physical and mental well-being
	Santa Rita	Morning Dream Group, Dreamwork Practices (16 persons)	Katherine R Bell	The Treasure Hunt: Digging for Dream Gold	We will explore the propositions S that dreams are helpful even if they are difficult and that they don't need to be interpreted. We will explore and deepen our trust in our dream feelings by slowing down the images, using breath and sometimes using embodiment or role play.
	Sonora	Morning Dream Group, Somatic (12 persons)	Gary Daniel Braun, Emma Rose Lynn	Dreaming Out loud / Weaving Dream Harmony	In Dreaming Out Loud, participants will be invited to explore the world of their dreams through sound, song, and movement.
	Rincon	Morning Dream Group; Group Projective	Helen Landerman	Morning Dream Group: Group Projective and Other Methods	Bring a dream and the group will unpack it, using the Group Projective ("If it were my dream") method, as well as Dream Interview, Gestalt and Dream Theater. Art materials will be provided for drawing and painting the dream.

	Salon J	Morning Dream Group, Dreamwork Practices (12 persons)	Donna Glee Williams	Writers Dreaming; Dreamers Writing	This group will support creative oneironauts in bringing back The Boon from their nighttime Hero's Journeys and offering it to their people in the form of poetry and fiction. We'll mix projective, Senoi, and Gestalt approaches with guided imagery and language craft, including ways to sidle up to automatic writing.
	Salon F	Morning Dream Group, Animal Themes (21 persons)	Victoria Rabinowe	Animal Dreams	Honor the animate spirit of dreamtime animals and creatures who come to visit. With an amalgamation of established, emerging and innovative DreamWork techniques, we will dissolve the boundaries between the self and "other". Explore animal themes from personal, collective, archetypal, allegorical perspectives as we investigate our fundamental, instinctive, animal nature.
	Salon D	Morning Dream Group, Dreams and the Arts (12 persons)	Sheila McNeillis Asato	Coordi™ Dreamwork	In this dream group, participants will learn how to create Coordi™ "body puzzles" from their dreams. Body puzzles are fun, physical brain teasers that hone balance, coordination, and brain health. Through movement-based, non-interpretive dreamwork, participants will discover new, creative ways to deepen their relationship with dreams.
MORNING DREAM GROUPS	Salon C	First Timer Morning Dream Group (18 persons)	Bernard Welt, Loren Goodman	First-timers Morning Dream Group: Welcome to the World of Your Dreams	This morning workshop for first timers at the IASD conference provides participants with a home base to share and reflect upon new knowledge and insights gained during the conference, and introduces time-tested practices for recalling and recording dreams, and exploring them in your dream journal and with others.
9 - 9:15 AM	Foyer				15 min Transition w/Coffee & Tea

MONDAY MORNING SESSIONS 18 JULY 2022

		Dreaming of the Sleep Lab Associated with Improved Performance on a Sign Language Learning Task	In a sleep laboratory nap study, participants who incorporated laboratory elements into their nap dream content had better recall for sign language vocabulary than those who did not dream of the lab.
	Jayne Gackenbach (co-chair)	Casual Gamer Dream Incorporation: First Person Observations After Decades of Research	In retirement one activity that has increased is video game play. While I am a casual genre gamer, the hours of such play have impacted my dream content in ways that I only saw in hard core gamers in my research. This is a first-person observation of this process.
MONDAY 9:15 - Noon	Sabino	William E. Kelly, Richard C. Zamora, & Soeun Park Research Poster Session with Presenters Present (will remain open all day for viewing)	Previous research suggests links between psychological inflexibility and nightmares. Further, nightmare proneness, a disposition to experience nightmares frequently, predicts nightmares after adjusting for emotional dysregulation. The current study investigated relationships between these variables and possible mediation effects of nightmare proneness on the relationship between psychological inflexibility and nightmare frequency.
		A Preliminary Analysis of Contemporary Psychoanalytic Constructs as Predictors of Nightmares	Nightmares have been associated with affective distress. However, distress is generally descriptive and atheoretical. To better understand nightmares in the context of contemporary psychoanalytic theory, the current research examines the association between nightmares and ego strength, object relations, and self-fragmentation, while controlling for affective distress.
		William E. Kelly	Individuals with highly superior autobiographical memory (HSAM) can remember nearly every day of their adult lives with remarkable accuracy (LePort et al., 2012). To take a first step towards investigating the characteristics of dreams in individuals with HSAM, we surveyed HSAM and control participants about their dreams and memory.
		Karen Konkoly	A Freely Available Big Data Dataset of lucid and Non-lucid Dream Reports
		Remington Mallett (co-chair)	This poster describes the details of a novel dataset that includes thousands of lucid and non-lucid dream reports. An emphasis will be placed on how it can be used by others for future research.

	Daniel Morris Rachel Raider	Inducing Lucid Dreams with Optimized Sensory Cues Effects of Planning on Lucid Dream Induction	The goal of this research was to investigate an approach to optimize sensory cues for lucid dream induction based on increasing the salience of sensory cues. Our second aim was to investigate potential differences in EEG and autonomic physiology when external sensory cues are incorporated into ongoing dreams. The study tested whether lucid dream induction success is enhanced if the imaginative process used within the Mnemonic Induction of Lucid Dream (MILD) technique during Wake-Back-To-Bed (WBTB) (LaBerge, Phillips, Levitan, 1994) is extended to include a specific goal the dreamer wishes to achieve in a lucid dream.
MONDAY 9:15 - Noon	Research Poster Session with Presenters Present (will remain open all day for viewing)	How do Apps Support Dreaming? A Review and Comparison of Mobile Applications. Sheldon Juncker, Daniel Kennedy, Gerard Quinn	We review the current landscape of mobile applications related to sleep and dreaming. We seek to answer two questions. First, what is the overlap between sleep and dream applications? Second, how do dream applications support dreaming?
Sabino		Exploring Dreams with Wikipedia-based Semantic Analysis	We explore the processing of dream reports using ESA, a modern approach to textual analysis using Wikipedia. We highlight two areas in which this method can be applied in a research or application context. We conclude by presenting ways that ESA could be used in this field in the future
			NOTE: Posters Remain Up for Viewing until 7 PM
MONDAY 9:15 - 10:15 AM	Salon F	Kelly Bulkeley and Alisa Minyukova	Dream Mapping Theater in St. Petersburg: A Film
	Salon D [Recorded]	Lucid Dreams Special Event	Five Ways Lucid Dreaming Should Revolutionize Psychology
MONDAY 9:15 - 10:15 AM		Robert Waggoner	Catherine Shainberg, PhD (<i>Intro by Linda Schiller</i>)
	Salon C [Recorded]	INVITED PRESENTER	Turn on the Light: Kabbalah, Dreaming, Co-creation and Enlightenment

10:15-10:30	Foyer			15 min Transition w/Coffee & Tea
	Rincon	90m Dreamwork Practices Workshop	Kelly Sullivan Walden	A Nightmare Is a Terrible Thing to Waste: 4 Steps to Transform the Tragic into Magic
	Salon J	90m Dreamwork Practices Workshop CE	Linda Yael Schiller, MSW, LICSW	Dreams Alive! Guided Dream Theater
MONDAY 10:30 AM - Noon		Sophie Boudrias (Chair)	Using Visual Dream Reports for Emotional Memory Reconsolidation in Psychotherapy.	Our dreams are alive as we dream them. In this interactive workshop you will have the opportunity to enact your dreams in live guided dream theater and bring them to life and to greater resolution if they call for it, in a safe supportive environment.
Salon F <i>[Recorded]</i>		90m Clinical Approaches Symposium CE	Marta Arari	Dreams in Psychotherapy: Deepening through the Unconscious
			Greg Mahr, Anthony Reffi, Chris Drake	I will discuss the complementarity of dreamwork and psychotherapy in the healing process. Dreams open a direct line to our unexpressed shame, trauma and grief, as well as our creativity, humor and freedom. They provide an opportunity to understand and integrate these experiences and to become more whole human beings.
				Using a variety of clinical and research measures, the authors examine the phenomenology of nightmares in a unique acute trauma population in the acute care surgery department of a large teaching hospital. Dream content will also be examined, especially from the point of view of mastery within the dream.

		Grundy (chair) & Krippner	Native American Residential Schools Abuse: Dreams, Healing, Reparations	Symposium Summary: This symposium addresses the historic, pervasive and horrifying abuse of Native American children that occurred in residential schools in the United States and Canada and significant dreams related to it. Both presenters had direct contact with children abused in these schools.
	1h Dreams & Ethnicity Symposium	Jodine Grundy (chair)	Turquoise Spider Woman Dispels Omak Nightmare	This presentation focuses on the presenter's two powerful dreams, separated by 50+ years, about the Native American residential school in Omak, WA, where she taught from 1966-1967. "Omak Is the Devil" dream accurately revealed the horrific abuse at this site and others. "Turquoise Spider Woman" dream healed and dispelled the collective nightmare.
MONDAY 10:30 AM - Noon	Salon D [Recorded]	Stanley Krippner	Drumming and Dreaming Away the Trauma	Creed, a First Nations pupil, was molested at the residential school he attended, leading to PTSD nightmares which were alleviated by teaching him Imagery Rehearsal Therapy. He now runs a fishing enterprise and is a talented artist, specializing in painting drumheads for his clients.
		Welt (chair), Bulkeley, Barrett	A Sandman Symposium: The Endurance of Neil Gaiman's Myth of Dreaming	Symposia Summary: This year, Netflix will debut the long-awaited adaptation of Neil Gaiman's wildly popular <i>Sandman</i> series of graphic novels. This special symposium celebrates the event with a guided tour of the cosmos of dreaming created by one outstanding fantasy writer and his artistic collaborators.
MONDAY 10:30 AM - Noon	Salon C [Recorded]	Bernard Welt (chair)	Anatomy of a Dreamworld: The Sandman's Collective Dream	In the <i>Sandman</i> graphic novels, Neil Gaiman cloaks the ancient concept of the collective dream in modern form—as an embodied deity, a storyland, a reconfigured cosmos of transcendent imagination. This presentation charts Gaiman's dreamworld and attempts to account for an appeal that embraces fanboys and academic scholars alike.
		Kelly Bulkeley	The Mythic Dreaming of The Sandman	This presentation will use the comparative religions approach of Wendy Doniger to interpret the <i>Sandman</i> series of Neil Gaiman as an especially resonant expression of "mythic dreaming," with deep roots in the creative play of the human imagination as it eternally grapples with the great existential questions of life.
		Deirdre Barrett	Illustrating Sandman: Approaches to Envisaging Dreams	The <i>Sandman</i> series features covers by Dave McKean and interior illustrations by a large and changing stable of artists. This talk will discuss the books' variety of approaches to portraying the dream world, and compare them to the set and prop design for the 2022 Netflix <i>Sandman</i> television series.

MONDAY AFTERNOON SESSIONS 18 JULY 2022						
MONDAY Noon - 2 PM	Kiva Ballroom B			2hr IASD Lunch Break	IASD Lunch Buffet in Kiva B (pay on entry)	
	Kiva Ballroom A			Research Group and Student Researchers	Lunch Meeting	
	Hospitality Rm 4274			Bring in Lunch from the Buffet in Kiva A into Kiva B		
	Salons J&K			Hospitality Suite Open Noon to 1:45 (no meals served)		
				Special Invite to Newcomers		
				Art Exhibit Open Noon to 7:47 PM		
MONDAY 2 - 4 PM	Executive Boardroom	2hr Clinical Approaches Workshop (20 persons)	Johanne Hamel	Somatic Art Therapy Dreamwork	Combining Art Therapy Dreamwork and her expertise with Somatic Art Therapy, Dr. Johanne Hamel offers an original way to work on dreams through bodily dream sensation. She will briefly explain her 4-Quadrants art therapy method and guide participants' experimentation with their own dreams.	
	Rincon	2hr Dreamwork Practices Workshop (30 persons)	Jean Campbell	DreamWork/Body Work Workshop	DreamWork/BodyWork is a process-oriented therapeutic model. This workshop will provide tools for understanding trauma and assessing the source of resolution. Workshop participants will gain insight into how the body holds and records information, how that information can be accessed, how dreams and personal imagery contain the information necessary to healing.	
	Salon J	2hr Dreams and the Arts Workshop (15 persons)	Julia Lockheart and Mark Blagrove	An Ullman Dream Discussion with Artwork Produced and Printed onto a T-shirt	Mark Blagrove and the audience will discuss a dream with a dream-sharer following the Ullman method; Julia Lockheart will simultaneously create a painting of the dream on pages taken from Freud's Interpretation of Dreams. It will then be printed onto a T-shirt for the dream-sharer to wear at the conference.	
	Salon F	2hr Clinical Approaches Workshop CE	Leslie Ellis	Nightmares and the Nervous System: "Safety is the Treatment"	The polyvagal theory has revolutionized the way trauma is being understood and treated. Current approaches to nightmares have not yet taken Dr. Stephen Porges' theory into account. Dr. Leslie Ellis will present a way of working with nightmares that incorporates both polyvagal theory and embodied experiential approaches.	
	Salon D	2hr Dreams and the Arts Panel [Recorded]	Nauman - Mikulski (Moderator) + selected exhibitors	Exhibiting Visual Artists and How They Work from Dreams	Five exhibiting artists explain their creative process and how it is related to dreams and dreaming. Each artist presents visuals of their work. Conference attendees will be provided the opportunity to gain a more comprehensive understanding of the artist's thought process and how they visualize dreams.	

				Although empirical evidence for lucid dreaming has been available for over 40 years, this remarkable state is still widely misunderstood, and its promise is underappreciated. This update will review our latest psychopharmacological and psychophysiological research, focusing on studies with important practical and theoretical implications.
MONDAY 2 - 4 PM	Salon C <i>[Recorded]</i>	LaBerge, Dresler, Baird (chair)	Lucid Dreaming: State-of-the-art, Current Controversies and Methodology for Dreaming Research	This update will discuss current research in lucid dreaming, including: 1) Placebo-controlled trials with cholinergic stimulation by pre-sleep treatment with acetylcholinesterase inhibitors to enhance lucidity during subsequent dreaming. 2) Research comparing attention and auditory perception during lucid REM sleep. 3) Current controversies and differing methodological approaches in lucid dream research.
		Stephen LaBerge	The Promise And Paradox Of Cognizant Dreaming: Update On Experiment, Experience, Theory And Practice	In this talk I will give an overview on the recent and ongoing research at the Donders Sleep & Memory Lab on lucid dreaming, including the neurobiology of lucid dreaming, the association of dream lucidity with daytime mood, and different strategies to induce lucid dreaming.
4 - 4:15 PM	Foyer	Martin Dresler	Lucid Dreaming: Neurobiology, Effects on Daytime Mood and Induction Strategies	15 min Transition and Beverage Break
MONDAY 4:15 - 5:45 PM	Executive Boardroom	90m Dreams and the Arts Workshop (15 persons)	Loren Goodman	Serious Play: Surrealist Dream Writing Workshop
	Salon J	Dreams and the Arts Musical Event	Curtiss Hoffman	The Musical Dream Tarot

				In 2019, Sheila became the Dream Artist-in-Residence at REM5 Virtual Reality Lab. In partnership with dreams, she learned how to navigate this new medium which led her to another new creative partnership with James Sewell, creator of Coord™. Together they are creating a new form of dreamwork inspired by dance.
				We will present and discuss the series of ten artworks of keyworkers' and healthworkers' pandemic dreams told to us in online events during the pandemic. We discuss also the place of the DreamsID (Dreams Illustrated and Discussed; Dreams Interpreted and Drawn) collaboration and its performances and artworks within Surrealism.
				We will present: 1) the history of Dreamstar Free Online Counseling that was created in response to the pandemic; 2) the rationale for introducing dreamwork into DFOC's services; 3) the dreamwork method employed; 4) training procedures; and 5) the preliminary data that explored the benefits and risks reported by clients and counselors.
				Suzanne will present: The crisis that impacted UTRGV's Counseling Program; Our decision to develop DFOC in light of CACREP and UTRGV policies; Global stats pertaining to students and clients served by DFOC; Decisions to supplement standard therapy with dreamwork; Efforts that we made to promote DFOC during the pandemic
Salon F 90m Dreams and the Arts Symposium Salon D MONDAY 4:15-5:45 PM [Recorded] 90m Dreamwork Panel CE	Sheila Asato (chair) Julia Lockheart and Mark Blagrove Maniss, Rodriguez, Sparrow (chair) Suzanne Maniss	A Dream Artist's Journey Continues - From Virtual Reality to Coord™ Surrealism and the Painting of Health-and Key-workers' Covid-19 Pandemic Dreams The Use of Dreamwork through DreamStar Free Online Counseling: Risks, Safeguards, and Outcomes DreamStar Free Online Counseling: A Response to Counselor Education Needs During the COVID Crisis	Adopting a Dreamwork Methodology for Online Individual and Group Dreamwork	Addressing the Risks and Benefits of Using Dreamwork in Groups: Quantitative and Narrative Data

		Remington Mallett (Chair)	Isolating Positive & Negative Lucid Dream Themes: Towards the Good and away from the Bad	Studies have revealed psychological benefits from lucid dreaming, though there might also exist negative phenomena. Here, we chart out a full scope of lucid dreaming experiences and isolate the features that determine whether one is positive or negative.
MONDAY 4:15-5:45 PM	Salon C <i>[Recorded]</i>	Clarita Bonamino	Lucid Dreaming Frequency in Adolescent Athletes and Their Non-Athlete Counterparts	A discussion of findings from an online survey study exploring the frequency of lucid dreaming in adolescent athletes and non-athletes, and the proportion of athletes using lucid dreaming to rehearse sports skills and its related effects on wakefulness.
MONDAY EVENING EVENTS 18 JULY 2022				
MONDAY 5:45 - 7:45 PM	Kiva Ballroom B	Dashiell Bark-Huss	How To Tweet From Your Dreams	This presentation will describe how the dream phone works (a lucid dream communication device); present concepts such as lucid dream communication using EEG and web3 and discuss how dream communication may change the future of lucid dreaming.
MONDAY 9:30 - 11PM	Hospitality Rm 4274			2-hour Dinner Break IASD Dinner Buffet in Kiva Ballroom B (pay on entry)
MONDAY 9:30 - 10 PM	Salons J&K			Hospitality Suite Open 5:45 to 7:30 (no meal served)
7:45 PM				Art Exhibit Open until 7:45 PM
MONDAY 8 - 9:30 PM	Salon B&C <i>[Recorded]</i>	KEYNOTE <i>(intro. by Kelly Bulkeley)</i>	Begin Entering the Keynote Presentation - <i>Music on Entry by Craig Webb</i> Jeannette Mageo, PhD <i>(intro. by Kelly Bulkeley)</i>	Metaphors and the Self in a Zombie Pandemic Dream. Dr. Mageo is Professor of Anthropology at Washington State University. Her manifold writings on dreams show that cultural models tie personal experience to politics and public culture. Her books include <i>Dreaming and the Self, Dreaming Culture and The Mimetic Nature of Dream Mentation</i>
MONDAY 9:30 - 11PM	Salon B&C	Dream Telepathy Contest	Cynthia Pearson, Maureen Boyd Biro, Sherri Puricelli, Robert Waggoner	The Dream Telepathy Contest invites dreamers to "try their psi," based on the groundbreaking experiments of Drs. Montague Ullman and Stanley Krippner performed at the Maimonides Medical Center and reported in their book, <i>Dream Telepathy Experiments in Nocturnal ESP</i> . Come to this gathering to learn about the contest, find out how you can participate and meet the designated "sender" who will attempt to telepathically broadcast a target picture to dreamers overnight.
MONDAY 9:30 - 11PM	Hospitality Rm 4274			Hospitality Suite Open 9:30 until 11 PM

TUESDAY 19 JULY 2022						
Time 12hr Pacific US	Room	Type & Track	Presenter Listing	Title	Summary	
TUESDAY 7 - 8 AM	Kiva Ballroom B			IASD Breakfast Buffet in Kiva Ballroom B (pay on entry)		
TUESDAY 8 -9 AM	See Mon AM	Morning Dream Groups			Same Groups Meet Every Morning - See Monday Morning for Room and Schedule	
9 - 9:15 AM	Foyer			15 min Transition w/Coffee & Tea		
TUESDAY MORNING SESSIONS 19 JULY 2022						
TUESDAY 9:15- 11:15 AM	Executive Boardroom	2hr Dreams and the Arts Workshop	Victoria Rabinowe	Dream Collage: A Study in Synchronicity	Collage lends itself easily, naturally to the flow state which is parallel to the dream state. Dreams often appear as visual events that are impossible to translate fully in word-centric rational thought. Through the synchronicity of found imagery and text, collage will unravel, reorganize, and realign complex messages. All materials supplied.	
	Rincon	2hr Dreamwork Practices Workshop	Walter Berry	Drawn into the Dream	What happens when we make a simple sketch of a dream? You will be surprised how much pours up out of the unconscious and ends up on the paper. This workshop is meant for and is open to everyone. Artistic abilities are not necessary.	
TUESDAY 9:15- 11:15 AM	Salon J	2h Clinical Approaches Workshop CE	Kristen LaMarca	Lucid Dream Therapy: Case Conceptualization, Treatment Planning and Intervention	Lucid Dreaming Therapy (LDT) has favorable features with the potential to elaborate on evidence-based treatment models for nightmares, trauma, and other mental disorders. This workshop focuses on the planning, justification, and implementation of LDT interventions using theoretically-informed case formulations.	
	Salon F	2hr Dreamwork Practices Workshop (35 persons)	Justina Lasley	DreamSynergy™: Dreams + Action = Change!	In this workshop, you will learn about and participate in DreamSynergy™ - a practical, innovative, step-by-step process to understand and use dreams to facilitate lasting change, whether it be yours or your clients. Practice and enjoy a time tested dreamwork procedure that will work in any area of dream specialization!	

			Laurel Clark (chair)	Dreams and the Highly Sensitive Person (HSP)	People with Sensory Processing Sensitivity, an innate genetic trait found in 15 – 20% of the population, are also known as Highly Sensitive People (HSPs). With a complex and rich inner life, highly aware of subtleties, and acutely observant, they tend to be active dreamers who thirst to understand meaning.	
		2h Extraordinary, Psi, & Lucid Dreams Symposium <i>[Recorded]</i>	Stanley Krippner	Two Remarkable Out-of-Body Dreams.	This presentation describes two dreams in which the dreamer claimed to be "out-of-the-body." while dreaming. Both participants were able to correctly describe a visual "target" placed above their heads in a soundproof sleep laboratory room.	
	TUESDAY 9:15- 11:15 AM	Dale E. Graff	Precognitive Dreams: Closing Time Loops with the Future	Dream Narratives Written by Deep-learning Artificial Intelligence GPT-3	This presentation reviews methods for applying lucid and non-lucid precognitive dreaming for predicting certain types of future events; evaluates causes reasons for success and failures in precognitive dream experiments; discusses implications of precognitive dreaming and synchronicity for science, individuals and concepts of time; provides guidelines for achieving reliable precognitive dreams.	
		Deirdre Barrett	Kelly Bulkeley (chair), Maja Gutman Mušić	Continuities and Discontinuities in Dream Journals: A Digital Analysis	We trained an AI deep-learning text program general dreams, lucid dreams, and pandemic dreams and asked it to generate groups of original dream narratives with what it learned from each data set. We will discuss their dramatic resemblance to real dreams . . . and the nature of occasional glitches.	
		2hr Research Symposium on Dream Narrative <i>[Recorded]</i>	CE	Nori Muster	How Dreams Have Impacted the Lives of Dreamers – A Narrative Study and Implications for Dreamwork	A digital analysis of eight people's year-long dream journals during 2020 reveals the vital role of dreams in responding to social crises and cultural change as presented through thousands of news reports. Keeping a dream journal results in heightening awareness of the dynamic interplay of personal and collective issues, potentially enhancing capacities for adaptive flexibility.
					How Dreams Have Impacted the Lives of Dreamers – A Narrative Study and Implications for Dreamwork	This presentation uses multiple methods to analyze the appearance of new dream characters in a long-term dream journal. This includes why they appear, how long it takes for them to appear, and how long they stay. The presentation will analyze the appearance and of two college professors and a fiancé.
					How Dreams Have Impacted the Lives of Dreamers – A Narrative Study and Implications for Dreamwork	This talk summarizes the results of a narrative research study that examined how dreams have impacted the lives of dreamers. Eight dreamers whose lives were significantly impacted by dreams were interviewed, and common themes were found. Dream journal materials aligning with noted life impacts are also explored and provided.

1:15 -11:30 AM	Foyer				15 min Transition w/Coffee & Tea
	Sabino	90m Dreamwork Practices Workshop	Susan Ackerman Joseph	Sensing the Signs (that Guide Us)	Sensing the Signs is an experiential offering that uses somatic resonance and release techniques to facilitate a deeper connection to the symbols/signs that appear in dreams. Somatic resonance is the experience of what is happening in the body. Participants will have an opportunity to work with their own material in this interactive workshop that includes a variety of somatic techniques including breathwork, gentle movement and sound, contemplation, as well journaling and sharing.
	Rincon	90m Dreamwork Practices Workshop	Katherine R Bell	Dreams: The Treasure Hunt	Experience the benefits of exploring your dreams using a little TLC: Tenderness, Longing and Curiosity. Pleasant and supportive moments are present in almost all dreams, even ones that don't feel so good. Bring a dream to explore and learn to start looking for your nightly treasures.
TUESDAY 11:30 AM - 1 PM	Salon J	90m Film Showing	Marcos Martínez (Producer and Director) (shown by Bob Krumhansl)	Sueños	A documentary on the Oneiric world in which the homeless from the city of Buenos Aires (Argentina) live. The movie mirrors their hard life stories from the first-person narration of their dreams, and it also portraits an intimate picture of their everyday activities. In this way, a coral story is built up, which, from a different point of view, generates a state of reflection and sensitivity upon a historical social problem in Argentina
			Banerji, Mascaro (chair), O'Keefe.	Health and Healing Dreams	Symposia Summary: By attending to dreams, one can discover those which reflect health-related issues. These range from illness development, medical treatment option advice, and everyday behavioral instruction. This panel focuses on the many ways dream have impacted those managing a health condition.
	Salon F <i>[Recorded]</i>	90m Dreams & Health Panel	Bhaskar Banerji	Benefits of Health-related Dreams	This talk is based on my 2018 PhD dissertation on incubating healing dreams. The focus will be on the types and variety of health-related dreams that emerged from the qualitative analysis section of the study with special attention on how one might benefit from them in terms of health improvement.
			Kimberly Mascaro (chair)	Dreaming for Wellness	After years of reflecting on impactful dreams of her research participants and therapy clients, Dr. Mascaro had the opportunity to dive deeply into the dream arts herself, when diagnosed with a frightening chronic illness. Now, she shares her own pre- and post-diagnostic dreams which paved the way for healing.

<p>Salon F <i>[Recorded]</i></p> <p>90m Dreams & Health Panel (Continued)</p>	<p>Kathleen O'Keefe-Kanavos</p> <p>Guided Precognitive Cancer Dreams</p>	<p>Kat Kanavos thought she was in perfect health, but a dream saved her life. Dreams can be doorways through which guides traverse Albert Einstein's Space-Time Continuum, bringing information validated in our waking world. Kat will detail health dreams, and how she used her dreams, guides, and journal to survive.</p>
<p>TUESDAY 11:30 AM - 1 PM</p> <p>Salon D <i>[Recorded]</i></p> <p>90m Lucidity Symposium</p>	<p>Robert Waggoner, Hamilton (chair)</p> <p>What Best Defines Lucid Dreaming Activity: Control, Influence or Relating to Unconscious Activity?</p>	<p>Symposia Summary: Fundamentally, lucid dreaming involves realizing within the dream that you dream. What remains controversial involves the accurate depiction of lucid dream activity. Does it mean "control of the dream"? Or does it mean something like "influencing the dream" or a hybrid state of "awareness relating to unconscious elements"? Join us.</p> <p>The experience of lucid dreaming shows a high degree of spontaneous events, new scenes and unconscious activity which contradict the idea that lucid dreaming means "control of the lucid dream". We will explore the obvious "unconscious" activity that occurs in lucid dreaming, and suggest that lucid dreamers only influence the dream.</p>
<p>Salon C <i>[Recorded]</i></p> <p>90m Theory Symposium</p>	<p>Nigel Hamilton</p> <p>Lucid Dreaming as Relating to Conscious and Unconscious Elements</p>	<p>Does a lucid dreamer "control" the lucid dream or relate to a wide array of spontaneous objects, situations and appearances? Or is it a hybrid of some influence by the lucid dreamer within a larger reality of spontaneous and unconscious activity? These questions need resolution to truly understand lucid dreaming.</p> <p>The incorporation of randomly and non-randomly occurring elements with the nonlinear combination of the two is hypothesized to play a major role in accounting for the diversity of dream experience and the appearance of discontinuities and incongruities in characters, scenes, and behavior.</p>
	<p>CE</p>	<p>Sue Llewellyn</p> <p>Dream to See Patterns</p>

TUESDAY 11:30 AM - 1 PM	Salon C <i>[Recorded]</i>	90m Theory Symposium (continued) CE	Shanee Stepakoff	Homonyms and Homophones in Dreams: Beyond the Freudian Framework	Homonyms and homophones in dreams are found in diverse cultural settings across nearly three-thousand years of human history. Examples from ancient onirocritical texts as well as modern dream-reports indicate that these forms of wordplay can help us decode the dream's meaning. I present a non-Freudian theoretical framework for this phenomenon.
TUESDAY AFTERNOON SESSIONS 19 JULY 2022					
TUESDAY 1 - 3 PM	Kiva Ballroom B Hospitality Rm 4274	2hr Dreamwork Practices Workshop (15 persons)	Susan Armington	Tiny Objects of the Dream: Creating and Working with "Seed Objects"	2hr Lunch Break IASD Buffet in Kiva Ballroom B (pay on entry)
	Salon J&K	Art Exhibit Open 1 to 3 PM			
	Executive Boardroom	1:00 – 2:45 PM Volunteer Thankyou Gathering – snacks and beverages (Volunteers Only Please)			
TUESDAY 3 - 5 PM	Salon J	2hr Dreamwork Practices Workshop (30 persons)	Tzivia N. Gover	The Living Image: Supercharge Your Dreamwork and Writing with the Power of Imagery	In this workshop, participants will explore the imagery from dreams and the subconscious to supercharge their dreamwork and writing. Through techniques and prompts inspired by Jungian and Gestalt dreamwork, participants will learn a creative, noninterpretive approach to dreamwork to enrich their writing (from journal writing to literary prose and poetry).
	Salon F <i>[Recorded]</i>	2hr Dreams & Ethnicity Symposium	Alaya A Dannu (chair) (45m)	The "Mahari Alaya": Honoring the "Realm" of the "Sacerdotal Woman" through Dreams and Sacred Dance	The presenter will perform a small yet growing repertoire of sacred dance choreographies that were created through the guidance of ancestral dreams. Whilst the movement vocabulary is similar to Neo-Classical Odissi dance - an established classical dance from northeast India - its mythological and philosophical foundations are vastly different.
		CE	Fanny Brewster (45m)	Dreaming in Color	The presentation will discuss the importance of culture as an aspect of dreaming. This will include the historical perspective of dreaming within a Eurocentric psychological model and the significance of collective and cultural experiences of the BIPOC dreamer.

<p>Salon F 2hr Dreams & Ethnicity Symposium (continued) <i>[Recorded]</i></p> <p>TUESDAY 3 - 5 PM</p>	<p>Misa Tsuruta (30m)</p> <p>Ainu dreaming: An Indigenous Culture in Japan.</p>	<p>Creating Reality from The Inside Out: Dreams, Seth and Epidemics: The Road to Value Fulfillment.</p>	<p>Virginia Bennett, David Cielak (chair)</p> <p>Dreams, Seth, and Epidemics: Travelling the Road to Value Fulfillment</p>	<p>From the perspective of the Seth Materials, dreaming co-creates reality, individually and <i>en masse</i>. Mass events, like epidemics, arise from this shared dreaming. If epidemics are purposeful and meaningful, how can our dreams (lucid and non-lucid) lead to greater value fulfillment for people and planet?</p>
<p>Salon D 2hr Extraordinary Dreams Symposium <i>[Recorded]</i></p> <p>TUESDAY 3 - 5 PM</p>	<p>David Cielak & Virginia Bennett</p>	<p>Hoss (chair) Mastrangelo, Van-Bronkhorst,</p> <p>Dreaming Between Worlds: Psychopompic, Visitation, and NDEs</p>	<p>Linda Mastrangelo</p> <p>Strange Tales of a Psychopomp: A Lucid Journey into the Underworld</p>	<p>Pandemics: Purposes from the Seth Materials - World at a value fulfillment crossroads. Creating Waking Reality from Inner Reality: The Dream State; Dreams to value-fulfilling realities individually and <i>en masse</i>. Becoming Practicing Idealists and Dream Arts Scientists. Value Fulfillment/ Competition. Dreaming creating a better world for people and planet.</p> <p>We examine the gateway that dreaming and lucidity opens toward experiencing the outer reaches of our conscious continuum, beyond a waking physical focus, beyond normative dreams, to the lucid otherworld experience of the psychopomp, visitations, and the fully lucid NDE (near-death experience).</p> <p>From the Greek ψυχόπομπος meaning the "guide of souls", psychopomps (creatures, spirits, deities or even humans) are ones who can travel between worlds. In this presentation, I will be exploring ancient mythology/mystery cults, my personal psychopompic dreams and how these nightly journeys parallel my ancestors and their dream practices.</p> <p>I explore psychopomp dreams with stories from my own experiences, grounded in the Jane Roberts/Seth Material model in which the initial after-death state is powered by our emotions and expectations. In the liminal space between life and death, our dreaming muscles are essential when the physical world falls away.</p> <p>Lucid experience of crossing the veil and back are explored, including: hypothetical differences between grieving dreams of loved ones and lucid visitations; research into common, cross-cultural experiences of NDEs; and the resultant decisions about the nature of mind, memory and consciousness from some medical professionals who study NDEs first-hand.</p>

					15 min Transition and Beverage Break
5 - 5:15 PM	Foyer				
TUESDAY 5:15 - 6:15 PM	Salon J	1hr Dreams and the Arts Musical Event	Steven Ernenwein	"The Knowing" - Live Performance of the Songs and the Dreams that Inspired Them.	Attendees will hear a tender and intimate performance of a handful of songs from my latest album that have all been directly inspired by my dreams. I will share the dreams, the process, and perform the songs.
	Salon F	1h Clinical Approaches Workshop	Nigel Hamilton	Applying the Waking Dream Process to Dreams and Lucid Dreaming	The significance and therapeutic use of the Waking Dream Process will be discussed. A demonstration of the Waking Dream Technique using an audience participant's dream will follow, along with questions from the audience. Guidelines for clinicians in using this technique will also be discussed.
	Salon D	1h Lucidity Workshop (25 persons)	Craig Webb	Lucid Living: Championing Dreams for a Deeply Fulfilling Life	Everyone wants a deeply fulfilling life. The challenge is that we have lessons to learn along the way, plus what is fulfilling is open for interpretation. The presentation will explore destiny, fate and quantum physics, showing ways how dreams can become a valuable inner GPS along our richest soul path.
	Salon C [Recorded]	INVITED PRESENTER Pandemic Dream Research	Deirdre Barrett, PhD (Intro. By Mark Blagrove)	Dark of Night: Our Dreams of the Covid-19 Pandemic	Dr. Barrett teaches at Harvard University. Her books include <i>The Committee of Sleep</i> , and <i>Pandemic Dreams</i> . She is Editor of <i>Dreaming</i> , and Past President of IASD and of The Society for Psychological Hypnosis. Her research interests include dreams and creative problem solving, lucid dreaming, and the application of AI to dream research.
				TUESDAY EVENING SESSIONS 19 JULY 2022	
TUESDAY 6:15 - 8:15 PM	Kiva Ballroom B Salons J&K			2-hour Dinner Break IASD Dinner Buffet in Kiva Ballroom B (pay on entry) Art Exhibit Open	
TUESDAY 8:15 to 9:45 PM		8:00 PM Begin Entering the Keynote Presentation - <i>Music on Entry by Craig Webb</i>			
	Salon B&C [Recorded]	KEYNOTE	Stephen LaBerge, PhD (Intro. by Angel Morgan)	Anagnostic Oneirony: Dreaming and Awakening	Dr. Stephen LaBerge pioneered Lucid dreaming research at Stanford University. He developed lucid dream induction techniques known as MILD and WBTB and devices such as the DreamLight and NovaDreamer. He is author of <i>Exploring the World of Lucid Dreaming</i> , and <i>Lucid Dreaming: A Concise Guide to Awakening in Your Dreams and in Your Life</i> . His recent research shows lucid dreaming sheds light on the nature of consciousness.
9:45 PM - Midnight	Hospitality Rm 4274			Presenter Thank You Gathering (presenters only please)	

WEDNESDAY 20 JULY 2022					
Time 12hr Pacific US	Room	Type & Track	Presenter Listing	Title	Summary
7 AM-8 AM	Kiva Ballroom B			IASD Breakfast Buffet in Kiva Ballroom B (pay on entry)	
8 AM-9 AM	See Mon AM	Morning Dream Groups		Same Groups Meet Every Morning - See Monday Morning for Room and Schedule	
9 - 9:15 AM	Foyer			15 min Transition w/Coffee & Tea	
WEDNESDAY MORNING SESSIONS 20 JULY 2022					
	Sabino	1h Dream Poetry Workshop	Troy Gregorino	Collaborative Dream Poetry	The facilitator will engage participants in an experiential exercise to demonstrate ways to incorporate collaborative poetry writing as part of group dreamwork. As guided by the dreamer, participants will assist in constructing dynamic, stream-of-consciousness impressions of shared dreams to elicit deeper exploration of their meaning.
	Rincon	1h Dreamwork Practices Workshop	Azima Lila Forest	Leading Dream Groups in Person and on the Internet	"Leading Dream Groups in Person and on the Internet" will focus on structures and techniques for leading dream groups, both in person and via the Internet. It will include material on the format used for each dream session and the process used in working with each dream.
WEDNESDAY 9:15 - 10:15 AM	Salon J	1h Dreamwork Practices Workshop	Athena Laz	The Alchemy of Your Dreams	A workshop on the spiritual and psychological alchemy of dreams
	Salon F	1h Clinical Approaches Workshop	Dr Bryony Shaw	The Benefits of Group Dreamwork in Clinical Practice	Dr Bryony Shaw outlines clinical benefits of group dreamwork based on research she conducted in 2021. Dr. Shaw facilitated four dreamwork groups over a course of 8-weeks with 21 participants and explored the effects of Dr. Montague Ullman's <i>Appreciating Dreams</i> protocol on participants.
	Salon D	1h Dreamwork Practices Workshop	Rubin Naiman, Leah Ann Bolen	DreamWork at Work: Practices to Enhance Corporate Wellness and Creativity	At first glance, dreams and work might appear to be opposites - antithetical and even mutually exclusive. While work is serious and productive, dreaming can appear frivolous and irrational. Utilizing creative work-related dream practices, this workshop addresses the potential of dreamwork to enhance work life in surprising and significant ways.

<p>Salon C [Recorded]</p> <p>WEDNESDAY 9:15 - 10:15 AM</p>	<p>Celia Hildebrand</p> <p>1h Culture & History Symposium</p>	<p>Dreams and Dreaming through the Lens of East Asian Medicine</p>	<p>East Asian Medicine (EAM) considers dreams, and the act of dreaming itself, useful for differential diagnosis and pattern identification. EAM assesses the activity and quality of dreaming, the results of dream activity (insomnia, pleasure, pain, anxiety, etc.) and dreams themselves for their impact on a person's emotional and physical health.</p>
<p>10:15 - 10:30 AM</p>	<p>Foyer</p>		<p>15 min Transition w/Coffee & Tea</p>
<p>WEDNESDAY 10:30 AM - 12:30 PM</p>	<p>Executive Boardroom</p>	<p>2hr Dreams and the Arts Workshop (35)</p>	<p>Fairytales of Dream Interpretation through Expressive Arts</p> <p>Xian Prem</p> <p>Xian Prem offers to take heartfelt dream questions into the expressive arts. Questions about the dream will be explored before adventuring into artwork. The intent of the dreamer will guide their subconscious in creating art. There will be time for reflection, self-interpretation and sharing.</p>
	<p>Rincon</p>	<p>2hr Dreamwork Practices Workshop</p>	<p>Athena Lou and Roger Martinez</p> <p>Secrets of Interactive Dream Group Dynamics</p> <p>Interactive Dream Groups invite members to actively participate by playing characters/symbols in a dream. Recognized as Dream Theater, visual, tactile, emotional and auditory senses are all incorporated to deeply experience the dream content and message and bring all members into a new level of communicating with the unconscious.</p>
	<p>Salon J</p>	<p>2h Intuition Workshop</p>	<p>Marcia Emery</p> <p>Intuition: The Spark that Fuels Dream Interpretation</p> <p>Intuition is the deepest wisdom of the soul and can come through the dream to provide instant understanding. Participants will discover how they are wired for intuitive receptivity and then learn how to interpret individual symbols, and finally to focus on decoding the entire dream using Marcia Emery's DreamShift Process</p>

WEDNESDAY
10:30 AM -
12:30 PM

		Carol D. Warner (chair)	The 30,000 Foot View: Cosmic Perspectives in Dreams	I discuss cosmic perspectives given in my dreams, including one especially powerful hopeful dream bridging past, present and future. The dark times of the present are seen in 2 dreams from a 30,000 foot view of earth. Another dream takes us outside our solar system.
Salon D <i>[Recorded]</i>	90m Spiritual Symposium: Cosmic Dreaming	Melinda Powell	Questions and Answers at the Transpersonal Heart of Dream Lucidity	This presentation explores how questions asked and answered in lucid dreams may deepen dream lucidity and facilitate psycho-spiritual development. Melinda Powell examines the form and purpose of questions that have arisen across a twenty-year trajectory of her lucid dreaming experience.
	Ron Bugaj	Modern Day Lucid Dream Awakening to Spirit and The Ancient Mysteries of Light in the Great Pyramid	This heart-opening, multimedia presentation reveals a sacred initiation of Awakening to Spirit and the Ancient Mysteries of Light in the Great Pyramid of Egypt. Original artistic images illustrate a profound mystical experience, triggered during an existential crisis and confrontation with death, revealing a unified cosmic vision beyond conflict and belief.	
	Mark Blagrove	Dream-sharing and Human Self-Domestication	We propose that as dream sharing enhances empathy, it may have enhanced the cohesiveness and mutual understanding of group members in history and pre-history, and thus contributed to Human Self-Domestication, held by many researchers to be the primary driver of the evolution of human prosociality, tolerance and reduced emotional reactivity.	
	Claudia Picard-Deland	Memory Sources in Dreams across Sleep Stages and Time of Night	Waking-life events, either recent, distant, or even anticipated events, can be incorporated into dream content. However, which types of memory are incorporated at what time during the night remains unclear. Using a serial awakening paradigm, this study investigated how sleep stages and time of night influence dream memory sources.	
WEDNESDAY 10:30 AM - 12:30 PM Salon C <i>[Recorded]</i>	CE	Dreaming in the Dark: Exploring Neural Correlates of Dreams Lacking Visual Imagery	How is visual imagery produced during dreams in REM sleep? In this study, individuals in lucid dreams closed their eyes and reported on their visual experiences in real-time. While eye closure during wake produces characteristic alpha oscillations, the neural underpinnings of visual inhibition in REM sleep may be different.	
	Kenna Stephenson	When Dreams Speak: Dream Workshops as a Modality to Reconvene and Reconnect	A didactic presentation on dreams and health was followed by an interactive group Sand tray exercise, after which participants formed dyads to share dreams and apply presented dreamwork techniques. Surveys revealed high satisfaction.	

WEDNESDAY AFTERNOON SESSIONS 20 JULY 2022					
WEDNESDAY 12:30 – 2:30 PM	Kiva Ballroom B	2hr Lunch Break	IASD Buffet in Kiva Ballroom B (pay on entry)		
	Salons K&L		Art Exhibit Open 12:30 to 2:30		
Hospitality Rm 4274		Hospitality Suite Open 12:30 to 2:15 PM (no meals served)			
Kiva Ballroom A		Regional Representatives Group Lunch Meeting			
Salon C		Bring your Lunch from the IASD Buffet in Kiva B into Kiva A			
		1:45 – 2:15 Special activity to be Announced			
		90 minute General Membership Meeting			
		One of the primary purposes of our annual conferences is to hold the annual IASD Membership Meeting. This meeting is open to all attendees – members, non-members, and those curious about becoming a member. This is a chance to meet our members, our incoming officers and board, and to hear about recent IASD achievements and future plans from our president. We welcome and encourage your attendance			
WEDNESDAY 2:30 - 4:00 PM	Salon B&C				
4:00-4:15 PM	Foyer	15 Min Beverage Break and Music on Entry to Keynote by Craig Webb			
WEDNESDAY 4:15 - 5:30 PM	Salon B&C <i>[Recorded]</i>	KEYNOTE	Rubin Naiman, PhD <i>(Intro. by Robert Hoss)</i>	The Impact of Dream Loss on Collective Consciousness.	Dr. Naiman is asleep and dream specialist at the University of Arizona's Andrew Weil Center for Integrative Medicine. He is a pioneer in the development of integrative approaches to sleep and dreams, integrating scientific with depth psychological, transpersonal, and spiritual perspectives.
WEDNESDAY EVENING FREE TIME EVENTS AND ART RECEPTION 20 JULY 2022					
5:30 - 8 PM	Kiva Ballroom B		2 1/2 Hour Free Time and Dinner Break		
5:30-7:30 PM	Hospitality Rm 4274		IASD Dinner Buffet in Kiva Ballroom B (pay on entry)		
5:30 – 6:30 PM	Salon K&L		Hospitality Suite Open until 7:30 (no meals served)		
WEDNESDAY 5:30 - 8 PM		Meet the Artists – visit with many of the artists who will be standing by their exhibits			
7 - 8 PM	Foyer	Craig Webb	Dream Circle Dance	A warm welcome to all! This interactive community song/dance circle blends various traditions and celebrates life through movement and music. A fun opportunity to enjoy friendly faces and change physical and dream bodies with lots of lucid energy. Easy-going, supportive atmosphere (no skills required, so ignore your inner critic!)	
WEDNESDAY 8 - 10 PM	Salon K&L			Dream Art Reception	
				Over 40 Exhibiting Artists	
				with Entry Music Composed from Dreams – Curt Hoffman	

THURSDAY 21 JULY 2022						
Time 12hr Pacific US	Room	Type & Track	Presenter Listing	Title	Summary	
THURSDAY 7 -9 AM	Kiva Ballroom B	IASD Breakfast Buffet in Kiva Ballroom B (pay on entry)				
THURSDAY 8 - 9 AM	See Mon AM	Morning Dream Groups	Same Groups Meet Every Morning - See Monday Morning for Room and Schedule			
THURSDAY MORNING SESSIONS 21 JULY 2022						
9 - 9:15 AM	Foyer	Begin entering the keynote session - Music on entry by Craig Webb		15 min Transition w/Coffee & Tea		
THURSDAY 9:15 - 10:30 AM	Salon B&C [Recorded]	KEYNOTE	Michelle Carr, PhD <i>(Intro. by Mark Blagrove)</i>	From Nightmares to Lucid Dreams: How Dreams Impact Our Mental Health.	Dr. Carr is President of IASD, Postdoctoral Associate in Psychiatry at the University of Rochester, and Assistant Director of the Sleep and Neurophysiology Research Laboratory. She studies the relationship between dreams and mental health, with particular interest in nightmares and lucid dreams, as well as dream engineering - new techniques and technologies designed to influence dreams to benefit well-being.	
10:30 - 10:45 AM	Foyer	Note: for those interested in the Hybrid Research Sessions transition from C to Salon D		15 min Transition w/Coffee & Tea		
	Rincon	2hr Dreams and the Arts Workshop	Marta Aarli	Dreams Into Poetry: Experiential Workshop	In this experiential workshop, we'll explore the places between dreaming and waking, visual and verbal, translating messages and images from our dreams into poems. We'll tap into our whole being to express the language of our body, heart, senses, and soul, through structured play to free ourselves creatively.	
THURSDAY 10:45 - 12:45 AM	Salon J	2hr Psi Film Event w discussion	Craig Webb	Yesterday's Children (Movie based on a true story about Powerful Clairvoyant and Past-Life Dreams)	An engaging movie which centers around dreams and stars Jane Seymour, based on the book by Jenny Cockell based on her true story about powerful clairvoyant and past-life dreams that she acted on to finally unite with the still-living aged "children" from "her" previous life.	
	Salon F	2h Spirituality Workshop	Tom Zenho Whalen, Richard Issan Mugai Elkin	Dream as Koan - Koan as Dream: the Embodiment of Dream in a Spiritual Practice	Participants will be introduced to the origin of many Zen Koan, and Buddhist Sutras, as historical Dream/Visionary experience, illuminating the many "purposes" of Koan. A Koan will be presented. Following a period of personal meditation, there will be group embodiment of a dream. Discussion of the process will follow.	

<p>Salon C</p> <p>2hr Dreamwork Practices Workshop</p>	<p>Robert Hoss</p> <p>Embracing your Dreamer's Journey: Synchronous Paths</p>	<p>Subjective Experiences Are Similar during Anesthetic-induced Unresponsiveness and NREM Sleep</p>	<p>Jung stated that "dreams are like the Hero's journey" – helping you to overcome your daily challenges while guiding you with a deeper wisdom along a lifetime quest to become the "whole" person you were meant to be. You will learn how to recognize and work with these synchronous paths using an approach that merges Gestalt and Jungian dreamwork to discover and act on your dream to life journey. Bring a dream to work on.</p> <p>We compared the prevalence and content of subjective experiences in interviews obtained from the same subjects after arousals from NREM sleep stages N1, N2, and N3 and dexmedetomidine- and propofol-induced unresponsiveness and found hallucinatory dream-like experiences to be equally often reported after experimental anesthesia and NREM sleep.</p>
<p>THURSDAY</p> <p>10:45 - 12:45 AM</p>	<p>Katja Valli</p> <p>Cloé Blanchette-Carrière</p>	<p>Dream Activity as a Potential Precipitating Factor for Sleepwalking</p>	<p>There are several precipitating factors for sleepwalking episodes. According to patients, dreams and nightmares are among the most reported. It is therefore relevant, in addition to objective diagnostic tools, to evaluate the dream activity during the evaluation or the treatment to assess their relationship with the occurrence of the parasomnia.</p>
	<p>Aurélien de la Chapelle</p>	<p>Behavioral and Electrophysiological Evidence of Attention Differences in Low and High Dream Recallers</p>	<p>We tested attention and working memory with behavioral and MEG measurements in low and high dream recallers. Compared to high dream recallers, performance of low dream recallers was less impaired by hard-to-ignore distractors, and their electrophysiological data suggested enhanced processing of targets relative to distractors.</p>
	<p>2hr Hybrid Research Symposium</p>	<p>Michael Schredl, et al.</p>	<p>Work-Life-Balance in Dreams: Frequency and Emotional Tone of Work-related and Hobby-related Dreams</p>
	<p>Michael Schredl</p>	<p>Foreign Languages in Dreams: A Long Dream Series</p>	<p>Within this online survey, the work-life balance in dreams (difference of the percentages of work-related and hobby-related dreams) is linked to work-related stress and the hobby frequency, similar factors to those that affect work-life balance in waking life.</p>
			<p>In a long dream series, the occurrence of foreign language was studied. The language most prominent in the dreamer's waking life also occurred more often in his dreams. Being in an English-speaking country increased the frequency of English in the dreams.</p>

THURSDAY AFTERNOON SESSIONS 21 JULY 2022							
THURSDAY 12:45 - 2:45PM	Kiva Ballroom B	Kiva Ballroom A	Hospitality Rm 4274	90m Dreams and Health Workshop	Bei Linda Tang	Waking Dream Therapy for Deep Relaxation, Stress Release, and Psycho- spiritual Wellbeing	2hr Lunch Break IASD Buffet in Kiva Ballroom B (pay on entry)
	Sabino						Conference Planning Group Luncheon Meeting Bring your Lunch from the IASD Buffet in Kiva B into Kiva A
							Hospitality Suite Open 12:45 to 2:30 (no meals served)
THURSDAY 2:45 - 4:15 PM	Salon J	Salon F	Salon C	90m Dreamwork Practices Workshop	Jason (J.M.) DeBord	DREAMS 1-2-3: The Simple and Modern Process of Dream Interpretation	In 2020, I developed chronic shoulder pain from pandemic-related stress. During hypnotherapy sessions for pain relief, I dreamt of an Octopus that swam out of my shoulder and shapeshifted into a healing bubble. I will guide participants into a waking dream to meet the Octopus and experience energy renewal.
				90m Dreamwork Practices Workshop	Nathan Feinstein	Here may be a way to connect directly to the subconscious for you, future dreamers, and research	Equipped with three simple facts about dreams and three simple steps for analyzing them, everyone can be their own dream interpreter. The DREAMS 1-2-3 process of dream interpretation begins with the premise that you already know what your dreams mean. Then you may decode a dream's symbolism and analyze its story.
							Dr. Garfield an IASD founder, reached over 250,000 people with her dream-writing technique. We will experience her technique, a dream writing tool, and a process for "pop-out" insights to consider if they are a way to connect to the subconscious.
							Dream sequences in film have identifiable purposes in the context of their narrative settings. Here we offer both a history and typology of the cinematic dream sequence, beginning with conventions that distinguish the dream from the primary realist narrative, illustrated with many excerpts from the history of world cinema.

				The talk will start with an introduction to dream incorporation, previous research, and its results. This is followed by the presentation of a pilot study on dream incorporation using electrical muscle stimulation. Finally, an ongoing project on the same topic will be discussed.
THURSDAY 2:45 – 4:15 PM	Salon D [Recorded]	Emma Peters Embodied Dreaming: Dream Incorporation Using Forearm Muscle Stimulation	Adam Horowitz (presented by Kathleen Estahany) 90m Hybrid Research Symposium	We created a dream incubation protocol by developing a hardware-free, online website to (a) identify hypnagogia using people's sleep-onset estimates and (b) guide/record dreams. Using this hardware-free method we were able to validate the original Dormio protocol by showing marked distinctions between hypnagogic and wakeful thoughts.
			Kathleen Esfahany Targeted Dreaming Increases Waking Creativity	We offer the first scientific evidence for a causal link between experimentally manipulated dream content and subsequent creative performance. We use an auditory incubation protocol to introduce specific content into sleep-onset dreams, and we find that dream incubation confers a post-sleep creative boost on tasks linked to the incubated dream.
			JF Pagel The Frequencies of Dreams	Discrete forms of sleep consciousness (dreaming) can be phenomenologically grouped based on their association with physiologic frequency-based electrical fields.
4:15 – 4:30 PM	Foyer			15 min Transition (water stations only)
THURSDAY LATE AFTERNOON & EVENING EVENTS 21 JULY 2022				
THURSDAY 4:30 – 5:30 PM	Salon D [Recorded]	Pillerin Sikkka 1hr Hybrid Research Symposium	COVID-19 on Mind: Is the Pandemic Reflected in the Affective Quality of Mind-wandering and Dreaming? Westley A. Youngren; Matt K.P. Gratton; Garrett, R. Baber	I will present the first results of a large international study investigating how the coronavirus pandemic is reflected in the emotional quality of spontaneous experiences during the day (mind-wandering) and night (dreaming). Our study examined what variables predicted post-trauma nightmare occurrences (PNOs). Of specific interest, we examined how presleep thought content and Nightmare Occurrences nested within n=12 sexual assault survivors. Results revealed that sleep latency and thought content related to the original trauma both independently predicted PNOs.

		Karen R. Konkoly, Elizabeth E. Coleman, Marcia Graboweczy, Ken A. Paller	Dreaming in Individuals with Highly Superior Autobiographical Memory	Individuals with highly superior autobiographical memory (HSAM) can remember nearly every day of their adult lives with remarkable accuracy (LePort et al., 2012). To take a first step towards investigating the characteristics of dreams in individuals with HSAM, we surveyed HSAM and control participants about their dreams and memory.
THURSDAY 4:30 – 5:30 PM	Salon D <i>[Recorded]</i>	1hr Hybrid Research Symposium (continued)		
	Salon C <i>[Recorded]</i>	1 hr Afternoon Entertainment Event	Katie Mason	Toilet Maturation and Mischief
	Executive Boardroom			Using dreams as our guide, let's go on a ride through this “pandemic” world we are living. Full of expansion, contraction and gorgeous, glorious absurdity, Katie weaves storytelling, spoken word poetry and humor against the backdrop of dream images, as she reflects on the last couple years.
THURSDAY 4:30 - 7 PM	On Your Own & Kiva Ballroom B			2 ½ hr Board Meeting #2 (Dinner Served at 6:00 PM)
THURSDAY 5:30 - 8 PM				2 ½ -hour Dinner Break and Costume preparation 5:30-7:30 IASD Dinner Buffet in Kiva Ballroom B (pay on entry)
				THURSDAY EVENING DREAM BALL 21 JULY 2022
THURSDAY 8 - Midnight		8 - 9 PM Ballroom A,B,C	Costume Parade 9 - Midnight Dream Ball	<p>It's time to spend some timeless hours in a shared space where dreams come alive in waking life! Costumes are not mandatory, but you are encouraged to take this chance to dress up like an image or element from your dreams and dance the night away. Start thinking now about your costume! The Dream Ball begins with a dream costume parade. You will line up and come forth in costume and have 1 minute to present how your costume relates to your dream (2 minutes for groups). Then at about 9PM The George Howard Band will get you moving with their music from multiple genres, from pop and traditional to rhythm and blues. Recently inducted into the Blues Hall of Fame, George is a founding member of the Tucson Musicians Museum. He has been involved in playing music for over 40 years and is a sure crowd-pleaser. We hope you will enjoy this dream community celebration and magical conclusion to the conference</p>

		FRIDAY MORNING CHECK-OUT 22 JULY 2022
		Breakfast on Your Own and Room Checkout by Noon
FRIDAY 8 - 11 AM	Hospitality Rm 4274	<p>Hospitality Suite Open 8 to 11 AM (no meals served)</p> <p>(Note: Artwork which has not been picked up by Thursday night will be taken to the Hospitality suite and if not claimed by 10 AM may be made donated or given to those present who might wish to own it)</p>

2022 IASD Conference Bio Listing

Keynotes and Invited Presenters

Deirdre Barrett, PhD

Dr. Barrett teaches at Harvard University. Her books include *The Committee of Sleep*, and *Pandemic Dreams*. Deirdre is Editor of *Dreaming*, and Past President of IASD and The Society for Psychological Hypnosis. Her research interests include dreams and creative problem solving, lucid dreaming, and the application of AI to dream research. She makes digital dream art which has appeared in *National Geographic* and the IASD art show.

Edward Bruce Bynum, PhD

Edward Bruce Bynum, PhD - Dr. Bynum is a clinical psychologist, a student of Swami Chandrasekharan and Saraswati, a winner of the Abraham H. Maslow award from the APA, and author of several books, including *The Dreamlife of Families*, *The African Unconscious*, and *Dark Light Consciousness*.

Michelle Carr, PhD

Michelle Carr, PhD is author of *From Nightmares to Lucid Dreams: How Dreams Impact Our Mental Health*. Dr. Carr is President of IASD, Postdoctoral Associate in Psychiatry at the University of Rochester, and Assistant Director of the Sleep and Neurophysiology Research Laboratory. She studies the relationship between dreams and mental health, with particular interest in nightmares and lucid dreams. She also studies dream engineering — new techniques and technologies designed to influence dreams to benefit well-being.

Stephen LaBerge, PhD

Dr. Stephen LaBerge pioneered Lucid dreaming research at Stanford University. He developed lucid dream induction techniques known as MILD and WBTB and devices such as the DreamLight and NovaDreamer. He is author of *Exploring the World of Lucid Dreaming*, and *Lucid Dreaming: A Concise Guide to Awakening in Your Dreams and in Your Life*. His recent research shows lucid dreaming sheds light on the nature of consciousness.

Jeannette Mageo, PhD

Dr. Mageo is Professor of Anthropology at Washington State University. Her manifold writings on dreams show that cultural models tie personal experience to politics and public culture. Her books include *Dreaming and the Self*, *Dreaming Culture* and *The Mimetic Nature of Dream Mentation*

Rubin Naiman, PhD

Rubin Naiman, PhD is a psychologist, author and sleep and dream specialist and clinical assistant professor of medicine at the University of Arizona's Andrew Weil Center for Integrative Medicine. He is a pioneer in the development of integrative approaches to sleep and dreams, integrating scientific with depth psychological, transpersonal, and spiritual perspectives. He is the author of numerous professional and consumer works.

Catherine Shainberg, PhD

Dr. Shainberg is an internationally renowned transpersonal psychologist, lecturer, and award-winning author. She created the School of Images® where her work integrates timeless wisdom with modern Western traditions to catalyze creative manifestation. Her books include *Kabbalah and the Power of Dreaming*, *DreamBirth* and *The Kabbalah of Light*.

Main Program Presenters

Marta Aarli, MA, LPC is a psychotherapist and dreamworker, dreamer, poet, open improvisor, singer and artist in the US. integrating over 22 years of training in Psychodynamic, Modern Analytic, Transpersonal and Contemplative Psychology, Gestalt Parts Dialogue, Creative Expression, Active Imagination, Shamanic Journeying and Dream Re-entry, and Dream Theater. She offers individual and couples therapy, women's groups and dream groups. She believes that poetry blends the verbal and visual worlds in a powerful process that is both therapeutic and creative. She's the author of a book of dream poetry, *Dream Worlds*.

Susan Armington, BA Susan Armington, BA Brown, MS Cornell, is a Minneapolis-based artist who works in painting and mixed-media art. She leads "Talking Suitcases" an art & story project for communities to connect deeply about their lives. She is certified in Dream-Tending by Pacifica Graduate Institute and leads a dream group in Minneapolis.

Sheila McNellis Asato, MA Sheila Asato, M.A is a visual artist and Embodied Imagination practitioner deeply influenced by dreams, Japan and nature. She teaches courses on dreaming and the arts and lectures widely on creativity, dreaming and health. She is dream artist-in-residence at REM5 Virtual Reality Lab in MN. and board member for JS Ballet.

Bhaskar Banerji, PhD Bhaskar Banerji, PhD, is a Dream Ambassador & Holistic Health practitioner with decades of experience specializing in dreams related to the body and health. His latest project is an online course allowing dreamers to tap into the power of health-related dreams. For information see Aesclepius Dream Healing Program at www.subscribepage.com/dreamanalytics

Dashiell Bark-Huss Dashiell, is a self-taught programmer and tech entrepreneur on a mission to live tweet from a lucid dream. Dashiell is developing the Dream Phone, a communication device to enable a lucid dreamer to communicate via computer. Dashiell is a frequent study participant in Karen Konkoly's lucid dream research.

Deirdre Barrett, PhD Deirdre Barrett, PhD teaches at Harvard University. Her books include *The Committee of Sleep*, and *Pandemic Dreams*. Deirdre is Editor of the IASD Journal *DREAMING*, and Past President of IASD and The Society for Psychological Hypnosis. Her research interests include dreams and creative problem solving, lucid dreaming, and the application of AI to dream research. She makes digital dream art which has appeared in *National Geographic* and the IASD art show.

Katherine R Bell Katherine Bell hosts the long-running weekly podcast *The Dream Journal*. She has been leading dream groups and workshops for 25 years and has been a coach for 10. Katherine is on the IASD Board of Directors and the Ethics Committee and is Conference Planning Co-Chair. ExperientialDreamwork.com

Virginia G. Bennett, Prof Virginia Bennett is a Professor of Psychology, Practicing Psychologist and Psychotherapist, guest lecturer, and presenter. She is a clinical psychologist in private practice in Berkeley, California. For over 20 years, she has taught graduate psychology courses, guided individuals and groups in dreamwork, and presented at Seth conferences. She has facilitated many professional presentations at IASD and Seth Conferences. Virginia lives in the Bay Area of California with creatures and created art. Since the 1970s she has recorded her own dreams and actively participated in the Seth material.

Walter Berry, MFA Walter Berry, MFA, Author of *Drawn into the Dream*, certified dreamworker, runs a dream group in Los Angeles featured in the *NY Times* and the *L.A. Times*. Former member of the IASD Board of Directors, member of the IASD Visual Arts Committee and frequent workshop leader at IASD conferences.

Mark Blagrove, Prof. Mark Blagrove is Professor of Psychology at Swansea University where he investigates the psychology and neuroscience of dreaming, in home and sleep lab experiments. He has conducted dream groups since 2009. He is a past-President of IASD and is a Fellow of the British Psychological Society.

Cloé Blanchette-Carrière
Cloé Blanchette-Carrière, M.Sc. (Canada) is a Ph.D. candidate in the department of Psychology at the University of Montreal, under the supervision of

Antonio Zadra. She has been working at the Center for Advanced Research in Sleep Medicine since 2013. She is interested in the physiopathology and treatment of sleepwalking.

Leah Ann Bolen, CSSC, CDP Leah Bolen is the Sleep and Dream Specialist for Miraval Resort & Spa. She also held the role of Executive Director for the nation's leading marketing technology company. Through workshops and private consultations, Leah blends the experience she's honed within her traditional job with her passion and knowledge for dreams.

Miss Clarita Bonamino, MSc Miss Clarita Bonamino, MSc, BEng, is a multi-lingual PhD candidate at Queensland University of Technology, Brisbane Australia. Her research investigates the sleeping and lucid dreaming behaviours in adolescent athletes and their non-athlete counterparts with a particular focus on the effects of lucid dreaming practice on motor learning.

Sophie Boudrias, PsyD Sophie Boudrias, PsyD, is a psychologist and art therapist. She is a professor of art therapy at the Université du Québec en Abitibi-Témiscamingue (UQAT) in Montréal, Canada. She is the author of a book chapter entitled *Neuroscience and Somatic Art Therapy: Emotional memory reconsolidation* (2021).

Gary Daniel Braun Gary Braun is a dreamworker from Eugene, OR. Gary trained with Nora Minogue assisting with experiential dream work and Zen workshops from 1993-1995. Additionally, he received training from Robert Moss, completing his Level Three Dream Teacher Training in 2014. Gary has developed and maintained a dream work private practice since 2015.

Fanny Brewster, PhD, MFA Fanny Brewster, Ph.D., MFA, is a professor of Depth Psychology at Pacifica Graduate Institute. Her most recent writing includes *The Racial Complex: A Jungian Perspective on Culture and Race* and a forthcoming book on *Africanist Dreaming, Race in the Unconscious: Dreaming in Color* (Routledge)

Ron Bugaj, MS, MA Ronald Bugaj M.S., M.A., is an interdisciplinary healthcare scientist, visionary spiritual artist, and physical therapist with international consulting, lecturing, and field experience on five continents. His post-graduate

lucid dream consciousness research at John F. Kennedy University in California, USA received international biomedical and national health promotion research awards.

Kelly Bulkeley, PhD Kelly Bulkeley, Ph.D., is a psychologist of religion focusing on dreams. He is Director of the Sleep and Dream Database (SDDb), Senior Editor of the journal *DREAMING*, and former IASD president. His books include *Lucrecia the Dreamer* (2018), *Big Dreams* (2016), and *Dreaming in the World's Religions* (2008).

Jean Campbell is an IASD Board member and Editor of IASD's DreamTime magazine. She is Director of the nonprofit organization The iMAGE Project, and author/editor of several books including *Group Dreaming: Dreams to the Tenth Power* (Wordminder Press, 2006) and *Sleep Monsters and Superheroes: Empowering Children through Creative Dreamplay* (Praeger/ABC-CLIO, 2016)

Aurélien de la Chapelle is a PhD student in Lyon, France. After obtaining a Master's degree in Cognitive Neuroscience in 2020 at ENS (Paris), he is now investigating the neurophysiological and cognitive bases of dream recall and the role of dreams in emotional regulation with his supervisor Perrine Ruby.

David Cielak David Cielak, MSc, is a long-time facilitator of dreams/ Seth Materials with a background in social welfare/ rehabilitation. Currently David is the Program Director at New Awareness Network Inc. and SethCenter.com. David facilitates a regular online Seth, Dreams, and Lucid Dreams Class from Perth Western Australia.

Laurel Clark, DD Laurel Clark, D.D., teaches metaphysics, meditation, and mindfulness. Interfaith minister and pastoral counselor, Laurel is author of *Intuitive Dreaming*, contributor to *Dreams that Change Our Lives, Weaving Dreams into the Classroom* and *Encyclopedia of Sleep and Dreams*. IASD past president, graduate of Institute for Dream Studies and School of Metaphysics.

Theresa Coimbra, CRP Theresa Coimbra is a Clinical Psychologist, C.R.P. 01/2986, native to and a current resident of Brazil, in private practice since 1986, with specializations in Jungian Psychology and Initiatic Therapy, and a long-term interest in and application

of dreams, mythology, and sand tray as key approaches of her practice.

Alaya A Dannu, MA Alaya A. Dannu, MA is a doctoral student at Fielding University, completing her degree in Human Development. Her topic of inquiry endeavors to illuminate the nature and importance of ancestral dreaming, its ability to influence identity and human development, and to enhance academic and scholarly inquiry.

Jason (J.M.) DeBord Jason (J.M.) DeBord is an author of three books about dreamwork, with two more books in production. He is creator of DreamSchool.net and popular online websites related to dreams. Host of "The Dreams That Shape Us" podcast. Public speaker and dream interpretation workshop host. Lead community moderator of r/dreams and r/jung at reddit.com.

Chris Drake PhD Christopher Drake is a clinical psychologist and sleep researcher. He authored over 200 scientific publications and is a section editor for *The Principles and Practice of Sleep Medicine*. He received research grants from the National Institutes of Health and is a former Chairman of the National Sleep Foundation. His scientific interests include insomnia, shift work and lucid dreaming.

Martin Dresler, Assoc. Prof. Martin Dresler is associate professor of cognitive neuroscience at Radboud University Medical Center, where he leads the Donders Sleep & Memory Lab. The research of his group centers on the cognitive neuroscience of sleep, including cognitive processes occurring during sleep such as dreaming.

Maja Gutman Mušić, PhD Dr. Maja Gutman Mušić is an interdisciplinary scholar whose research work integrates Philosophy of Mind, Media Studies, and Science & Technology Studies to advance a fundamental understanding of two themes: the human-machine relationship and the psychological dynamics of dreams. Maja is currently Co-director of the digital project "2020 Dreams" under an advanced contract with Stanford University Press.

Richard Issan Mugai Elkin, BA Richard Issan Mugai Elkin, BA, Sensei, Zen Master, dharma heir in the lineage of the White Plum Sangha, Jitsudo Ancheta Roshi. Richard completed the C.G. Jung Institute's Centerpoint course and engaged in dreamwork with

Jungian analyst Joan Blackmer. He has been a practitioner for 27 years.

Leslie Ellis, PhD Dr. Leslie Ellis is an author and teacher focused on dreams and the body. She offers online courses instruction based on her book, *A Clinician's Guide to Dream Therapy*. Leslie has a PhD in Clinical Psychology and a Masters from Pacifica Graduate Institute. She is vice president of IASD.

Marcia Emery, PhD Marcia Emery, Ph.D. is a pioneer in the field of applied intuition, a psychologist, intuitive consultant and former professor. She blends intuition and dreams in her published books. Marcia is a former IASD board member and expert on the Dream Decoders TV show and on the America Now Television series.

Kathleen Esfahany Kathleen Esfahany is an undergraduate research assistant in the Fluid Interfaces Group at the MIT Media Lab. In collaboration with graduate student Adam Haar Horowitz (MIT Media Lab) and Robert Stickgold (Harvard University), her research centers on how sleep and dreams can enhance waking creativity.

Steven Ernenwein Steven Ernenwein, is a dream-inspired hip hop lyricist and singer songwriter. He also is the cohost of The Dreams that Shape Us podcast.

Nathan Feinstein, BS Nathan Feinstein, B.S is a Systems Analyst, gifted dreamer and creator of MY DREAM GUIDES - a supplement to the eyes-closed dream-writing method of Patricia Garfield, PhD; advocates for finding dream meanings insightfully, as they "pop-out". The Pygmy Fund-winner of 1987 Presidential End-Hunger Award.

Azima Lila Forest, MDiv Rev. Azima Lila Forest, MDiv, is a Unitarian Universalist minister and a teacher in the universal Sufi tradition. She has been working with dreams for more than 45 years; her dreamwork mentors have been Jeremy Taylor and Robert Moss.

Jayne Gackenbach, PhD Jayne Gackenbach, PhD, lives in Canada and works online for Athabasca University. She is also a Professor Emeritus from MacEwan University. As one of the past presidents of IASD she has focused her research on lucid dreams initially and later dreams of gamers.

Meghan Garcia, BA Meghan Garcia is a graduate student specializing in Clinical Mental Health counseling. She holds a bachelor's degree in English and a minor in Fine Art. She has experience as a trauma-informed certified yoga instructor who is familiar working with clients experiencing anxiety, depression, and PTSD.

Loren Goodman, Assoc. Prof. Loren Goodman is the author of *Famous Americans*, selected by W.S. Merwin for the 2002 Yale Series of Younger Poets, and *Non-Existent Facts* (otata's bookshelf, 2018). An Associate Professor of Creative Writing and English Literature at Yonsei University/Underwood International College in Seoul, Korea, he serves as UIC Creative Writing Director.

Tzivia N. Gover, MFA Tzivia Gover, MFA, is the Education Director at the Institute for Dream Studies, and founder of the Dreaming on the Page™ approach to dreamwork and writing. She is the author of *The Mindful Way to a Good Night's Sleep*, as well as several other books. She teaches online and internationally.

Dale E. Graff, MS Dale E. Graff, B.S., M.S., is a lecturer, writer and researcher in psi topics. He is a former director of Project Star Gate, the government activity for research and applications of remote viewing. Books, *Tracks in the Psychic Wilderness* and *River Dreams*, discuss remote viewing, psi dreaming/precognition and synchronicities.

Troy Gregorino, EdD Troy Gregorino, Ed.D., is a Licensed Professional Counselor in Ohio, whose work has appeared in *Counseling Today* and *Journal of Creativity in Mental Health*. A clinician and an educator, he explores the intersection of dream life and waking life using creative-expressive methods to promote personal growth and self-discovery.

Jodine Grundy, MEd, LPC Jodine Grundy, M.Ed., L.P.C., is a retired psychotherapist and professional coach. An active member of IASD for 30 years she has served in many leadership positions including President, Board Chair, Membership Chair, Regionals Chair. Currently she makes art, writes and engages in political and environmental activism.

Johanne Hamel, DPs Dr. Johanne Hamel, D. Ps., author, psychologist and art psychotherapist, retired in 2017 from teaching art therapy for 20 years at Université du Québec en Abitibi-Témiscamingue,

Québec, Canada. She specializes in Dreams and in Somatic art therapy. She is currently an international lecturer in Thailand, Europe and at IASD.

Nigel Hamilton, PhD Nigel Hamilton, PhD, UK is Director of the CCPE, a Transpersonal Psychotherapy Training Centre and Clinic, London, where he lectures and practices as a Psychotherapist. He is also Co-Founder of the Dream Research Institute (DRI). He originally trained as a Physicist, working at the MIT for the use of light in Energy Storage Research.

Celia Hildebrand, DAOM, Lac Dr. Celia Hildebrand, DAOM, LAC is an assistant professor in the Department of Family and Community Medicine at the University of Arizona (Tucson) and contributing faculty at Andrew Weil Center for Integrative Medicine. She has practiced East Asian Medicine since 2005 with passion for use in trauma response and recovery.

Curtiss Hoffman, PhD Dr. Curtiss Hoffman is Professor Emeritus of Anthropology at Bridgewater State University in Massachusetts. He has been an IASD member since 1996, and has frequently presented papers at annual IASD conferences, often based upon his own database of dreams. He is Chair of the IASD Student Research Awards Committee. He is also an amateur double reed player

Adam Horowitz Adam is a PhD student at MIT in Cambridge, Massachusetts, USA. He works at the intersection of engineering with sleep and dream science.

Robert Hoss, MS Robert Hoss, MS is an IASD Director, past President and Conference Director, directs the DreamScience Foundation for research grants and is a Haden Institute faculty instructor. Author/editor of 4 books: *Dreams*; *Dreams that Change Our Lives*; *Dream to Freedom*; *Dream Language* and is published in 12 other books and journals. www.dreamscience.org

Susan Ackerman Joseph, MFT, PNE, PHP, SEP Susan Ackerman Joseph, MFT, PNE, PHP, SEP Trainee is a certified somatic practitioner serving individuals and groups, and multi-media artist (aka SackJo22). A lifetime wanderer in the realm of the creative experienced through dreams, nature and esoteric practice, her integrative offerings bridge mystic wisdom with existential practicality.

Sheldon Juncker, B.Sc. Sheldon Juncker, B.Sc. Computer Science, (United States) is a software engineer who works in the fields of dream research, data analysis, and app development. He is currently working with Kelly Bulkeley and others on a research project about pandemic dreams and performs development for the Sleep and Dream Database.

David Kahn, PhD David Kahn PhD USA is on the faculty of the Harvard Medical School, Department of Psychiatry. He is a past president and former Board Chair of IASD and is an adviser to the Executive Committee.

William Kelly, Ph.D. William Kelly, Ph.D. is a Licensed Professional Counselor in the United States. He is an associate professor of psychology at California State University, Bakersfield where he also serves as program director of the MS in Counseling Psychology and researches nightmares.

Karen Konkoly, MS Karen Konkoly, MS, is a psychology PhD candidate studying lucid dreaming at Northwestern University in Chicago, Illinois in the USA.

Stanley Krippner, PhD Stanley Krippner, Ph.D. held faculty appointments at these Universities & Colleges: Akamai, Fordham, Kent State, New York University, Saybrook, Sofia, Puerto Rico University, Wagner College, and the California Institute for Integral Studies. He is the former Director of the Dream Laboratory, Maimonides Medical Center, Brooklyn NY. Past president and recipient of lifetime achievement awards from many institutions including IASD, he is a prolific author of books and articles.

Stephen LaBerge, PhD Dr. Stephen LaBerge pioneered Lucid dreaming research at Stanford University where he has been researching lucid dreaming for over 30 years. He developed lucid dream induction techniques known as MILD and WBTB and devices such as the DreamLight and NovaDreamer. He is author of *Exploring the World of Lucid Dreaming*, and *Lucid Dreaming: A Concise Guide to Awakening in Your Dreams and in Your Life*. His recent research shows lucid dreaming sheds light on the nature of consciousness. He is director of the Lucidity Institute (www.lucidity.com), and a founder of the IASD.

Kristen LaMarca, PhD Kristen LaMarca PhD is a clinical psychologist with expertise in applied psychophysiology, sleep disorders, and Lucid Dreaming Therapy. She co-facilitates Lucidity Institute's intensive programs, has conducted research on cholinergic stimulation of lucidity, and is the author of *Learn to Lucid Dream: Powerful Techniques for Awakening Creativity and Consciousness*.

Helen Landerman, PhD Helen Landerman, Ph.D. is a Dreamworker in Tucson Arizona. She is certified by Jeremy Taylor's Marin Institute for Projective Dreamwork. She has decades of experience participating in dream groups and has been dream group facilitator for 7 years.

Justina Lasley, MA Justina Lasley, MA is founder of the Institute for Dream Studies and developer of DreamSynergy, an innovative process for personal transformation. Author of *Wake Up to Your Dreams* and *Honoring the Dream: A Handbook for Dream Group Leaders*, Justina shares enthusiasm and insight as an educator, group leader and dreamworker.

Athena Laz Laz is a Spiritual Dream Guide, Depth Psychologist and the author of *The Alchemy of Your Dreams* and the *Deliberate Dreamer's Journal*.

Victor Lee Lewis, MA Victor Lee Lewis, MA, is the founder and director of the Radical Resilience Institute, is a speaker, consultant, Neuro-Linguistic Programming (NLP) practitioner, certified NLP hypnotherapist and an Emotional Freedom Techniques (EFT) practitioner. He was in the award-winning documentary, *The Color of Fear*. He is co-author, with Hugh Vasquez, of *Beyond the Color of Fear*.

Sue Llewellyn Sue Llewellyn is an UK author, academic and dream researcher. She has held Chairs at the Universities of Edinburgh, Leicester and Manchester. The author of 4 books and around 60 journal articles, her most recent book *What Do Dreams Do?* was published last year by Oxford University Press.

Julia Lockheart, PhD Julia Lockheart is Associate Professor at the Swansea College of Art, University of Wales Trinity St David, and is also Associate Lecturer at Goldsmiths, University of London and holds a BA in Fine Art from Saint Martins School of Art,

London and MA in Fine Art from Manchester Metropolitan University. Her PhD researched writing in art and design, at Goldsmiths, University of London. She has painted dreams during Ullman discussion sessions as part of the DreamsID collaboration with Mark Blagrove since 2016.

Athena Lou, BA Athena Lou, BA, is a Business Consultant and Reiki Master. Athena conducts individual dream work sessions with corporate clients such that they discover and apply the hidden meaning of their dreams. She is founder and Principal of Hana Hala'i Corporation dba TeamWorks International and Belly Babes belly dance troupe.

Emma Rose Lynn Emma Rose Lynn is a voice teacher, song catcher, and vocalist based in the Willamette valley in Oregon on Kalapuya territory. Her approach to voicework as a modality of healing lives at the intersection of voice, power, and play. She is currently conducting independent research with Gary Braun under the title *Dreamwork Guide: Voicework and Dreamwork*. She is also developing a curriculum called *Dreaming Out Loud: Weaving Dream Harmony*.

Greg Mahr, MD Greg Mahr MD, is an academic psychiatrist at Henry Ford Hospital and Wayne State University Medical School. He serves as Director of Consultation Liaison Psychiatry. With Chris Drake he is the co-author of *The Wisdom and Science of Dreams: Science, Synchronicity and the Language of the Soul*.

Remington Mallett, PhD Remington Mallett received his PhD from Psychology at University of Texas at Austin. Remington is studying dreams at Northwestern University. He studies the cognitive neuroscience of working memory and lucid dreaming using functional magnetic resonance imaging and machine learning methods. His work focuses on lucid dreaming and how it might be used for clinical benefits.

Suzanne Maniss, PhD Dr. Suzanne Maniss is an Associate Professor and Chair in the Department of Counseling at UTRGV. She has been a counselor educator for twenty years, serving as a college graduate coordinator, program coordinator, and department chair. In addition to her academic experience, Dr. Maniss has worked as a member of multidisciplinary health care teams in psychiatric, county, and VA hospitals serving patients with

depressive, anxiety, eating, and substance use disorders as well as HIV/AIDS. She has additional experience as counselor in community and four-year colleges and as a sole practitioner in private practice.

Roger Martinez, BA, LADC, NCAC Roger D. Martinez, BA, LADC, NCAC-ii writes the column "The Dream Zone" for Addiction Professional. He's studied dreams since 1991 and presented workshops at Santa Fe Community College and The College of Santa Fe. Roger conducts individual and group dream work in Taos, Santa Fe, Albuquerque and Pacifica Graduate Institute.

Kimberly Mascaro, PhD Kimberly Mascaro, PhD, is an ASU faculty associate, psychologist, artist and author. Her holistic psychotherapy private practice is in northern California. Dr. Mascaro has worked in the fields of mental-behavioral-emotional health, and education for 20 years. She is passionate about dreams, spirituality, and healing from within. Contact her at www.ConsciousChimera.com

Katie Mason, MA, LPC Katie Mason, MA, LPC is from Denver, Colorado. She is a psychotherapist and facilitates growth and healing using Dreamwork in her Private Practice. Katie is also a dream performer, combining spoken word poetry, humor and dream images to creatively express her truth.

Linda Mastrangelo, MA, LMFT Linda Mastrangelo, MA, LMFT (lightningtreetherapy.com) is the Director for the Institute for Dream Studies, a psychotherapist and has written for The Shift Network, GoodTherapy, SUFI, LDE, and *Sleep Monsters and Superheroes*. Linda also serves on the Board of Directors of IASD and is a graduate professor of Consciousness and Transformative Studies at John F. Kennedy University.

Janet McCall, MA Janet L. McCall, MA, Art History, has worked in the arts throughout her 45-year career. She recently retired after 25 years as executive director of Contemporary Craft, a non-profit visual art center in Pittsburgh, PA, USA.

Alisa Minyukova Alisa Minyukova is a graphic artist, born in Russia and living in New York City, who teaches at City University of New York. She is co-director with Kelly Bulkeley of the Dream Mapping Theater, which has performed at previous IASD conferences.

Daniel Morris, B.A. Daniel Morris, B.A., (USA) is research assistant at the University of Wisconsin-Madison who has collaborated with Dr. Benjamin Baird.

Nori Muster Nori Muster is a researcher based in Arizona and is the author of *Betrayal of the Spirit: My Life behind the Headlines of the Hare Krishna Movement*. She has kept a dream journal since 1979, beginning with the ten years she was a Hare Krishna devotee.

Julie Nauman-Mikulski Julie lives in the Chicago area and teaches art and design at Columbia College Chicago. She also teaches Art Appreciation at City Colleges of Chicago. She is an exhibiting artist and a graphic designer.

Kathleen O'Keefe Kathleen (Kat) O'Keefe-Kanavos, "The Queen of Dreams", is a publisher-WEBE Books Publishing, Host of Dreaming Healing, three-time Breast Cancer Survivor, and Dream Expert seen on Dr. Oz, The DOCTORS, NBC, & CBS. Precognitive Dreams diagnosed her illness. Kat participated in Dr. Larry Burk's Breast Cancer Dream Research. They co-wrote *Dreams That Can Save Your Life*. www.KathleenOKeefeKanavos.com

JF Pagel J.F. Pagel MS,MD is Associate Clinical Professor (University of Colorado Medical School) and Adjunct Professor of Psychology (CBU) and past chair of the Education Committee of the American Academy of Sleep Medicine. His 190 published papers and eight books address disorders of sleep, dreaming, nightmares, and the electrophysiology of consciousness.

Cynthia Pearson Cynthia Pearson has chaired 18 Long Term Journal Keeping panels and posts LTJK presentations at Dreamjournalist.com. She has also hosted IASD's Precognitive Dream Contests and worked on our Dream Telepathy Contests. Her books include *Dreaming the Dead*, a mystery concerning the study of dreams, and *The Practical Psychic*.

Rebecca M. Peter, MA Rebecca M. Peter is a graduate student earning a Master of Arts in English literature at Florida Atlantic University (Spring 2022) in the United States. She focuses on 20th- and 21st-century American literature and plans on beginning a doctoral degree in Fall 2022.

Emma Peters Emma Peters is a Ph.D. student from Nijmegen, the Netherlands. After graduating in Cognitive Neuroscience, she is now doing her Ph.D. in Bern, Switzerland at the University of Bern. During her Ph.D., she is working on a project focused on lucid dream induction from an embodied perspective.

Claudia Picard-Deland, BSc Claudia Picard-Deland, B.Sc. is a Neuroscience PhD student at the University of Montreal. She has been working at the Dream and Nightmare Laboratory, directed by Tore Nielsen, since 2016. She uses polysomnography, targeted memory reactivation, virtual reality and serial awakenings to investigate the relationship between dreaming and memory consolidation.

Melinda Powell, MA Melinda Powell, née Ziemer, MA, co-founded the Dream Research Institute at the Centre for Counselling and Psychotherapy Education, London. She is the author of *The Hidden Lives of Dreams*(2020) and *Lucid Surrender: The Alchemy of the Soul in Lucid Dreaming* (2021), www.melindapowelldreams.com.

Xian Prem, PhD Xian Prem holds a Ph.D. in Psychology. Her years of experience as a workshop facilitator and Soul Essence Coach, uplifting clients in personal transformation, is added by supporting peers to incorporate spirituality into their work. She has analyzed dreams since the age of 10. She resides in Ashland, OR.

Victoria Rabinowe Victoria Rabinowe is a dream mentor, artist, writer, educator, has facilitated over one thousand innovative, creativity-based dream workshops, seminars, zoom classes worldwide. Annual IASD presenter since 1995, trained Pacifica Graduate Institute, award-winning author/illustrator *I Had the Craziest Dream Last Night*, and *Conversations with Psyche: Poetry of Soul*. VictoriaDreams.com

Rachel Raider Rachel graduated with her BA in 2019 from The Evergreen State College in Washington State (USA) where she studied dream research and conducted a lucid dream induction study she created. She is interested in exploring dream awareness in relation to mental health issues such as PTSD, anxiety, and depression.

Anthony Reffi, PhD, Anthony N. Reffi, PhD, is a clinical psychologist with expertise in trauma and posttraumatic stress disorder (PTSD). Through his clinical work delivering first-line treatments for PTSD, he has become interested in the role of sleep disturbances in trauma recovery and is currently studying this intersection as a postdoctoral fellow at the Thomas Roth Sleep Disorders and Research Center in Michigan.

William Rekshan William Rekshan is the CEO of DreamWell, a Public Benefit Corporation, a mobile app that supports sleep and dreaming. He holds a B.A. in Psychology, Philosophy, and Classical Studies, has coauthored peer-reviewed articles in neuroscience, and has helped build award winning mobile applications. He currently lives in Lyon, France.

Tabitha Rodriguez, BS Psych Tabitha Rodriguez is a Counseling Graduate student with a Bachelor of Science in Psychology, minor in Addiction Studies. She worked as a Case Manager with the Veteran population using holistic, behavioral, and expressive art techniques. She contributed pilot research for the UTRGV School of Medicine Neuroscience lab for memory and animal behavior with the *Monodelphis Domestica*.

Linda Yael Schiller, MSW, LICSW Linda Yael Schiller is an integrative psychotherapist, published author, international presenter, and consultant with 40 years of experience in dreamwork, trauma treatment, somatic and spiritual modalities, and group work. Professor emeritus from Boston University School of Social Work, she is a long-time member of IASD.

Michael Schredl Since 1990, he has been working in the sleep laboratory of the Central Institute of Mental Health, Mannheim, Germany. His publications cover various topics such as dream recall, dream content analysis, nightmares, dreams and sleep disorders, and sleep physiology. He is editor of the online-journal *International Journal of Dream Research*.

Dr Bryony Shaw, PhD, LMFT Dr Bryony Shaw, PhD, LMFT completed research in 2021 exploring the effects of Ullman's dreamwork method *Appreciating Dreams* among group participants. Dr Shaw is based in Northern California where she works as a licensed Marriage and Family therapist

passionate about promoting dream work as a clinical intervention for other therapists.

Pilleriin Sikka Dr. Pilleriin Sikka is a Postdoctoral Research Fellow at Stanford University (US) and a Senior Lecturer in Cognitive Neuroscience at the University of Skövde (Swe). Her primary research interests include emotions and emotion regulation across the wake-sleep cycle and their relationship to health and well-being.

G. Scott Sparrow, EdD, LMFT G. Scott Sparrow, EdD, is a professor of counseling, a psychotherapist in private practice, a former President and Board Chair of IASD, an early pioneer in the field of lucid dreaming, and the developer of the FiveStar Method--a dreamwork method based on co-creative dream theory. He is the founder of DreamStar Institute and creator of DreamStar Free Online Counseling. He authored the early classic, *Lucid Dreaming: Dawning of the Clear Light* as well as four other books in the field of dreaming and spiritual experiences.

Shanee Stepakoff, MFA, PhD Shanee Stepakoff, MFA, PhD, is a US-based literary scholar, clinical psychologist, and writer. She is currently completing a second PhD, in English (literature), at URI. She has systematically analyzed more than 3,500 dreams. Her interests center on the uses of long-term dream journals in qualitative research and for personal growth.

Kenna Stephenson MD Kenna Stephenson MD is a board certified family medicine physician, a Fellow in the American Academy of Family Physicians, and the Medical Director of Team 5. She practices in an Arizona community health center. Her clinical practice encompasses dreamwork described in her book, *Awakening Athena: A Practical Guide for Health*.

Bei Linda Tang Bei Linda Tang is the author of *Navigate Life with Dreams*. In 2020, she founded Dream Heals, a Lucid Dream Therapy practice, based on modern sleep science, ancient dreaming techniques, and personal healing visions. She is the Owner of Dream Designs, a longstanding organic natural bedding business in Vancouver, Canada.

Misa Tsuruta, PhD Misa Tsuruta, PhD is psychologist/psychotherapist in Tokyo, Japan. She studied psychology in the US and has been a member of IASD since 2004 and has presented mostly on Japanese culture and dreaming. She is currently an IASD Membership Committee co-chair and a member of the IASD Diversity Advisory Committee.

Jeanne Van Bronkhorst, MA, MSW Jeanne Van Bronkhorst, MA, MSW, is a former hospice social worker and the author of *Dreams at the Threshold: Guidance, Comfort and Healing at the End of Life* (2015), and *Premonitions in Daily life* (2013). She is a frequent speaker and trainer on dreams at the end of life.

Katja Valli Katja Valli, PhD, is a Professor of Cognitive Neuroscience at University of Skövde, Sweden, and a Senior Researcher at the University of Turku, Finland. She has published over 70 articles and book chapters on dreaming and consciousness and edited with Robert Hoss *Dreams: Understanding Biology, Psychology and Culture*" (Vol. 1).

Emily Von Hausen, MA Psych Emily Von Hausen is a Canadian Certified Counsellor, and researched Dreamwork while completing her MA in Counselling Psychology. She is a psychotherapist, splitting her time between providing free family and substance use therapy at an agency, and practicing privately through her business Lake and Glade Counselling in Vancouver, Canada.

Robert Waggoner Robert Waggoner is author of the acclaimed, *Lucid Dreaming Gateway to the Inner Self* and the award-winning *Lucid Dreaming Plain and Simple*. A lucid dreamer since 1975, Waggoner has logged more than 1000 lucid dreams and conducts workshops at GlideWing.com and presents internationally on lucidity. A past IASD president, he co-edits *Lucid Dreaming Experience* magazine. See www.lucidadvice.com

Kelly Sullivan Walden, Rev. Dr. Reverend Doctor Kelly Sullivan Walden (aka Doctor Dream), a Los Angeles-based Dream Expert and Ordained Minister, is an award-winning bestselling author of 11 books. www.KellySullivanWalden.com

Carol D. Warner, MA, MSW Carol D Warner, MA, MSW, is a psychotherapist and author of 2 books: *Return: Dreaming and the Psychospiritual Journey*

and *At the Feet of the Master*. She is a lifelong dream worker and has been with IASD since year 2.

Craig Webb Musical artist, author, musical artist and director of The DREAMS Foundation for over 2 decades, Craig Webb has participated in lucid dreaming research at Stanford University and Montreal's Sacre-Coeur Dream and Nightmare Lab. Craig is also a physicist/inventor, bio-medical design engineer, adventure quest guide, and friendly frisbee fanatic. His acclaimed book *The Dreams Behind the Music* is available at: www.DreamsBehindTheMusic.com

Bernard Welt, Prof. Bernard Welt, Professor Emeritus at The George Washington University, has led dream groups for 35 years and is a Contributing Editor of *Dreamtime* and co-author with Phil King and Kelly Bulkeley of *Dreaming in the Classroom* (SUNY Press).

Tom Zenho Whalen Tom Zenho Whalen, MD, Sensei, is Zen master in the lineage of Taizan Maezumi, Bernie Glassman, Jitsudo Ancheta, Roshis. Authorized to teach in the Soto, Rinzai, and Zen Peacemaker traditions, and student-practitioner of dream for 30+ years, he has been combining dream and Koan practice for 25 years.

Donna Glee Williams, RN, MFA, PhD Donna Glee Williams, RN, MFA, PhD, is an author, editor, and creative coach. Her novels *The Braided Path*, *Dreamers*, and *The Night Field* (forthcoming) sprang from 17 years of dreaming with Jeremy Taylor. She writes, leads dream-groups, and works with private clients from her little cabin in the Appalachians.

Westley A. Youngren Westley Youngren is a clinical psychologist from the University of Kansas. His primary research interest centers around the intersection of trauma and dreaming, culminating with the posttrauma nightmare. Specific research projects include assessing triggers of nightmares and using sleep and dreaming science to advance the treatment of posttrauma nightmares.

FIND YOUR BRAND VOICE

Discover (or re-discover) who you are and what you really want in your dreamwork business. Let your authentic voice shine and create content that attracts those you are truly here to guide.

Sharon Pastore, Brand Strategist,
Certified Dreamwork Professional
IASD Member

-  CONSCIOUS BRAND STRATEGY
-  ELEGANT WEB DESIGN
-  SEO + DIGITAL VISIBILITY

15%
OFF
IASD
MEMBERS

WHAT'S YOUR MARKETYPE?

Take this quiz and find the ideal starting point for your marketing strategy.

(based on Jungian archetypes and enneagram)



BECOME A CREATIVE DREAM COACH

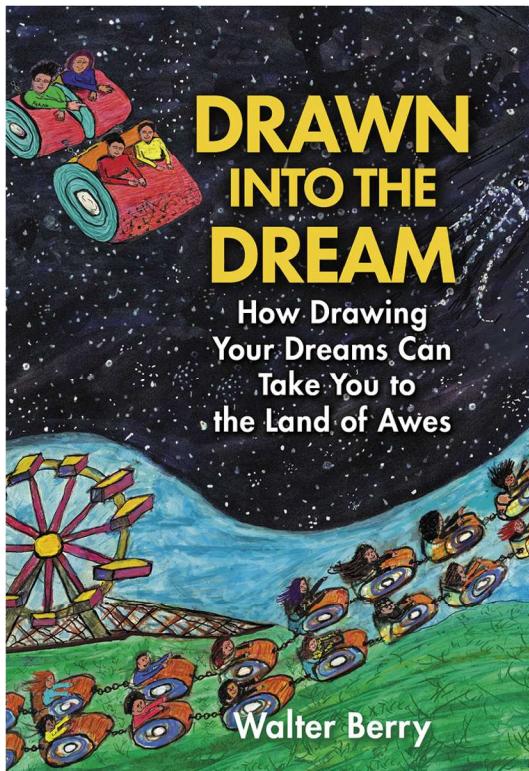
"The most important thing is to hold on, hold out, for your creative life..." C.P. Estés

START ANYTIME
SET YOUR OWN PACE
THE COURSE INCLUDES:

TEXT
VIDEO CLASSES
ONE ON ONE INSTRUCTION with Patti Allen, M.A.

<https://pattiallen.com/certification-training/dream-coaching-certification/>
patti@pattiallen.com 416-567-0709

DRAW YOUR DREAM AND CONNECT WITH YOUR UNCONSCIOUS!



"In this engaging and often wildly funny book, Walter plays the magician who is willing to show us what he has up his sleeve and let us borrow a trick or two. Highly recommended!"

—Robert Moss, bestselling author of *Conscious Dreaming*

"Walter Berry has a way with words, a way with art and a wondrous way with dreams."

—Michel Meade, author of *Awakening the Soul*

"An entertaining clever read full of colorful stories."

—Deirdre Barrett, PhD, author of *The Committee of Sleep*

"This book masterfully unravels the awesome mysteries of dreams by taking you on a deeply personal journey. A must read." —Bob Hoss, Past President of IASD, Director of the DreamScience Foundation.

Available at [Amazon.com](https://www.amazon.com) | Check out: DrawnIntoTheDream.com

Conversations with
dream experts
...and with you!

Tune in and
Get Your Dream on



Live Saturdays 10-11am PT at KSQD.org
Podcasts released everywhere on Mondays
[Archives KSQD.org/the-dream-journal](http://KSQD.org/the-dream-journal)

Recent guests include Bob Hoss, Michelle Carr, Robert Waggoner, Deirdre Barrett, Leslie Ellis, Angel Morgan, Bruce Bynum, Rubin Naiman, Katie Mason, Justina Lasley



Hosted by Katherine Bell
sessions, groups and workshops
ExperientialDreamwork.com
KRBell6@gmail.com



NARRATIVE THERAPY
SOMATIC EXPERIENCING
LUCID DREAMING

Witnessing Consciousness is at the Heart of Change

Discover | Evolve | Integrate

Lynda Skinner
Integral Therapist |Educator

Free Discovery Call
info@amomati.com
www.amomati.com

A Unique Exploration into Dream Studies

Graduate-level Curriculum & 100% Online!

Whether you're interested in exploring dreams to positively impact the work you already do, or you're interested in exploring dreams for your personal benefit, our **accredited and 100% online Dream Studies Certificate program offers a unique opportunity to participate in graduate-level dream studies through a transpersonal lens.**



Director of the Dream Studies Program

Angel Morgan, PhD has over 25 years of experience working as a Dream Arts Educator. She previously served as the President of the IASD, and founded DreamBridge, an organization dedicated to helping people of all ages connect with their dreams and creativity.

Program Highlights

- Participate in dream circles.
- Gain insights into your dreams
- Explore dreams cross-culturally.
- Study mythology and symbols and their relationship to dreaming and dreams.
- Explore states of consciousness, ordinary and extraordinary dreams, anomalous dreams, dreams as they relate to health and creativity, and more!

SU
OF
IA SOFIA
UNIVERSITY

Earn Your Dream Studies Certificate.

Classes begin October 3, 2022 | Visit dreamstudies.sofia.edu to learn more.



IASD WEB RESOURCE Dream Links

[HTTPS://IASDREAMS.ORG](https://iasdreams.org)

Dream Conference Special

50% off all sessions until July 13, 2022
(extended to August 2022)



IASD's DREAM STUDY GROUPS PROGRAM

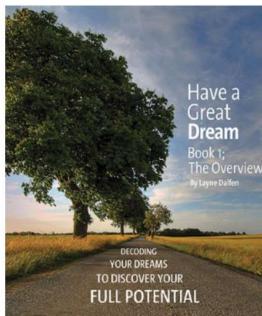
Coming up in September 2022
Foundation Series and Research Series

In the third year for IASD, members and non-members alike can join the IASD Dream Study Groups Program (DSGP), where like-minded individuals will be able to meet and interact in the "DSGP Tea Room" forum, and will follow course content together over the period of one year in an engaging and interactive way, with access to forums and discussion questions.

<https://www.asdreams.org>

Layne Dalfen • Dream Interpretation Center

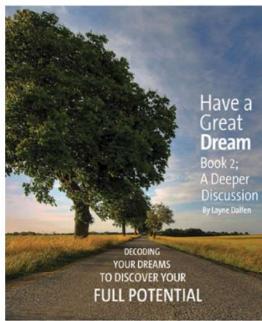
www.haveagreatdream.com



Our dreams give us insights, strengths, and solutions to the problems we are facing in our current life. In dream expert Layne Dalfen's powerful book, **Have A Great Dream, Book 1; The Overview, Decoding Your Dreams To Discover Your Full Potential**, Layne teaches her step-by-step guide on how to decode and understand your dreams. The Overview was written specifically for those who want the tell-me-how-to-now version! Book 1 gives you dream examples for practicing the method yourself.

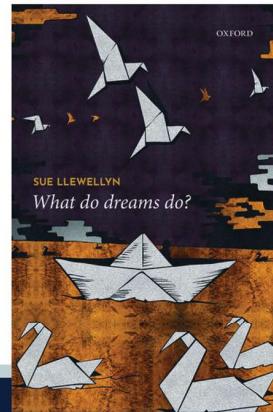
The companion book, **Have A Great Dream, Book 2; A Deeper Discussion, Decoding Your Dreams To Discover Your Full Potential**, provides an in-depth look at how to recognize Four Levels of Dreaming. Dream de-coding can help you achieve your maximum potential in every area of life. Layne's unique approach combines insights from Freud, Adler, Jung, and Gestalt schools.

Each packed with dream charts, journaling techniques, and fascinating true success stories of people who have worked with Layne's system, both **Have A Great Dream** books will positively transform the life of every dreamer.



Dream analyst, Layne Dalfen is a member of IASD and founder of the Dream Interpretation Center in Montreal. Known as Oprah's "in-house Dream Catcher" she lectures at Concordia University. Her thriving Internet site offers resources for dreamers all over the world, including private consultations by phone and Zoom.

What Do Dreams Do?



We have puzzled over dreams for centuries. From ancient societies, believing dreams to be messages from the gods, Freud's theory of dreams revealing our unconscious minds to modern day experiments in psychology and neuroscience dreams continue to fascinate but also be a source of mystery. Are dreams just mental froth or do they have a purpose?

FEATURES:

- Presents a highly original theory of dreaming - showing how dreams might have served an important function throughout evolution
- Considers the significance of dreaming and its role in memory, unconscious prediction, creativity and psychiatric illness
- Shows how to identify the meaningful associations which drive dreams, which readers can use to reveal the personally meaningful associations in their own dreams

THE AUTHOR: Sue Llewellyn

Sue Llewellyn is a Professor in Humanities at the University of Manchester, UK. She has also held Chairs at the Universities of Edinburgh and Leicester, with visiting appointments in Canada, Sweden, Australia, New Zealand and Italy. Her background is in health services research. About 10 years ago she began to research and publish on dreams and memory processing across the sleep cycle. She is the author of 4 books and, approximately, 60 journal articles.

December 2020

Hardcover

9780198818953

264 pages

£29.99 £20.99 | \$40.00 \$28.00

Order online at www.oup.com
with promotion code ASPROMP8



2022 GRANT OPPORTUNITY



Grants offered through a partnership between IASD and the DreamScience foundation (DSF).

Go to www.dreamscience.org/iasd/ or instructions and submission forms.

Submission Areas • High quality quantitative and qualitative research proposals are invited in areas related to dreams and dreaming, including but not limited to: the biology or neuroscience of dreaming, phenomenological and psychological studies of dreaming, and such fields as anthropological and cultural studies.

Submission Deadline • 15 October 2022 for your proposal. Submissions are reviewed by a research board and selection is based on our funding limits, plus ratings on each proposal which take into account: value to dream science, technical excellence, and various other factors related to the success of the proposed study. Awards are typically announced in the December timeframe and include a scholarship to present the results at an upcoming IASD conference.

Instructions • Go to www.dreamscience.org/iasd or to the IASD web site, www.asdreams.org and click on the Dream Science Foundation, Call for Research Grants icon, for instructions and a submissions outline. All communication is by email and ALL SUBMISSIONS MUST BE ELECTRONICALLY SUBMITTED to bob@dreamscience.org

Grant Donations • Grant funds come from DSF donations matched by a combination of IASD funds plus individual donations. Our ability to advance dream research is therefore limited by the funds we receive. You can help to advance dream research by going to <http://www.dreamscience.org/asd/> and clicking on the "Donate to Grant Fund" button. Don't forget to check the Dream Research and Dream Research Grant Awards option at the bottom of the donation form.



Linda J. Denniston, LPC

- Jungian Depth Psychotherapy
- Dreamwork

Serving Tucson and all of Arizona
Ldenniston@me.com
520-405-3024

A Journey of Personal Growth, Transformation & Healing

DREAMS ARE MEDICINE



Institute for Dream Studies

Providing educational and training opportunities in dreams, dreamwork and dream group leadership



TURN YOUR PASSION FOR
DREAMS INTO A
PROFESSIONAL PATH



IDS DREAM STUDIES CERTIFICATE

Now Accepting Applications for September 2022



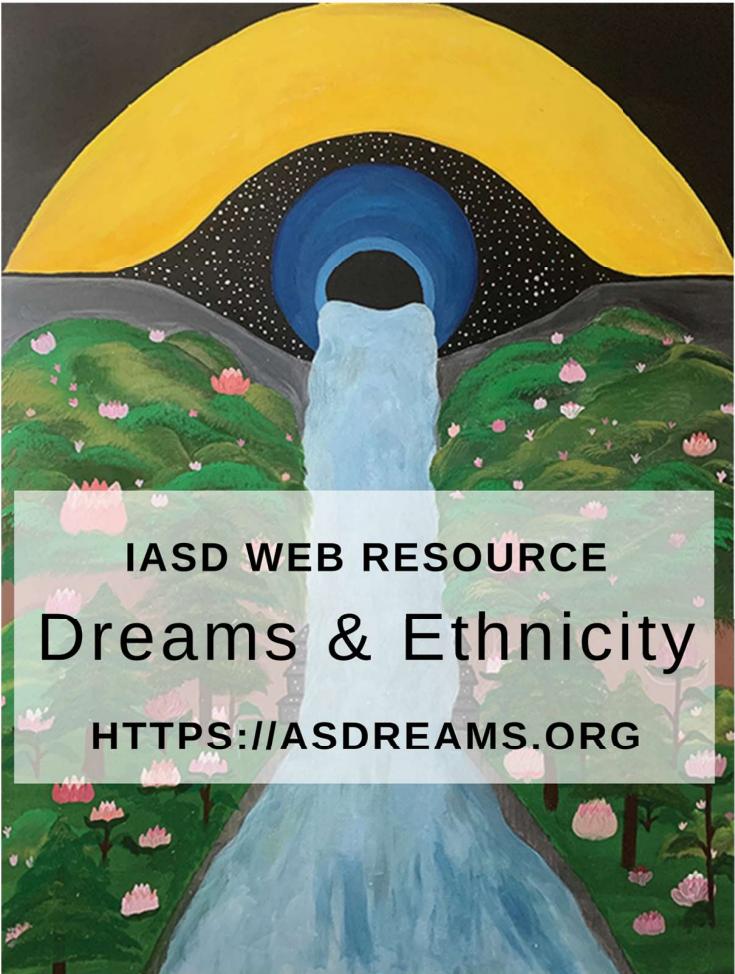
INSTITUTE FOR DREAM STUDIES

FOR MORE INFORMATION ABOUT OUR

DREAM STUDIES OFFERINGS PLEASE VISIT:

[HTTPS://INSTITUTEFORDREAMSTUDIES.ORG](https://institutefordreamstudies.org)

*Conference attendees get \$200 discount if they apply by July 30th



IASD WEB RESOURCE

Dreams & Ethnicity

[HTTPS://ASDREAMS.ORG](https://asdreams.org)



IASD WEB RESOURCE

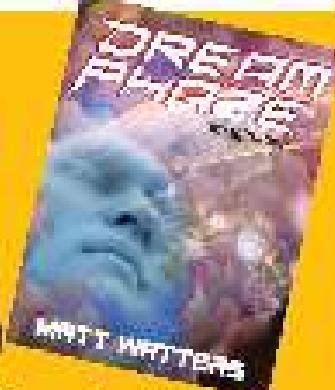
Covid Dreams

[HTTPS://ASDREAMS.ORG](https://asdreams.org)

DREAM PHAZE



Global Ebook Award
Winner 2021



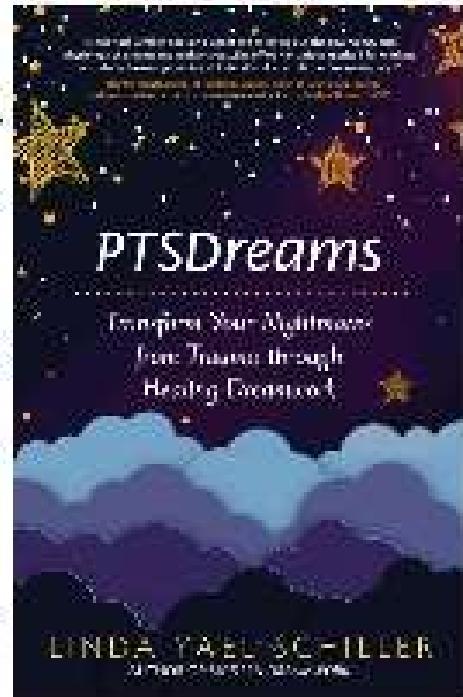
Out Now!

Imagine engineered dreams as
mainstream entertainment....

Available everywhere online!

"...As we delve into these dark and scary places, we sort through the images, the metaphors, the symbols, and the parts of memory that burst through in the night. Once we attend and befriend our nightmares and demons and our deepest selves, we make meaning out of meaning and find the bright messages buried in the rubble..." www.ptsdreams.com

"Backed by wealth of experience and depth of understanding, *Lucid Phaze* is a really fun way of navigating through what might be one of our most terrifying experiences, post-traumatic night terrors, in present and past life trauma, and more recent concerns, along with exercises for dealing with a nightmare scenario as it can arise, that may have crept up. The book is filled with stories and examples which truly makes it far from just such a complex process, easy to comprehend." —Bob Ross, Director of the DreamSource Foundation.

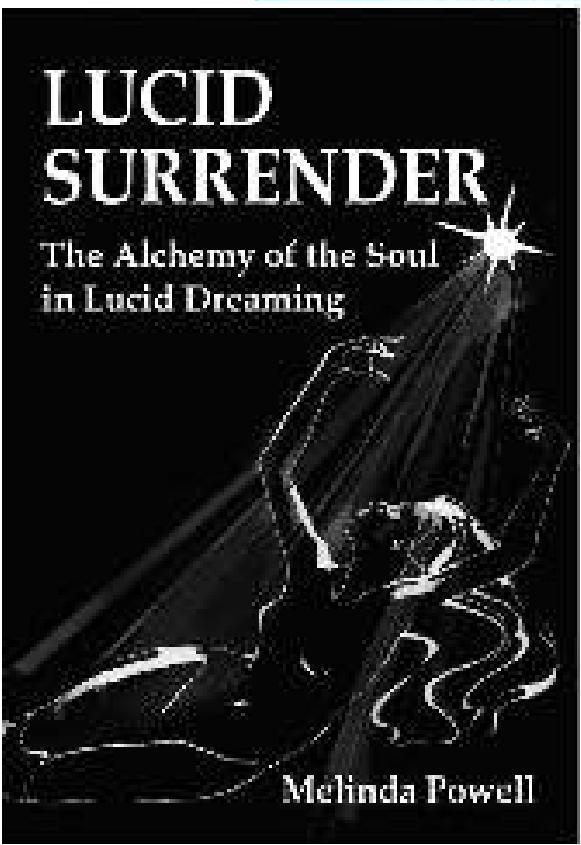


LINDA YAEL SCHILLER
www.ptsdreams.com

A new book on Lucid Dreaming by Melinda Powell

LUCID SURRENDER

The Alchemy of the Soul
in Lucid Dreaming



Melinda Powell

"This new book is a gift to all those interested in the mysteries of dreaming, the depths of psychological and spiritual life, and the process of soul making."

Sharon Marrian, PhD, AHP, Jungian analyst and author of "The Black Sun: The Alchemy and Art of Darkness"

"The path of *Lucid Surrender* unveils a radically new approach to exploring the realm of lucid dreaming. A must read for those who seek a direct encounter with the eternal part of their being-ness."

Robert Waggoner, author of *Lucid Dreaming: Gateway to the Inner Self*, and co-author of *Lucid Dreaming: Phenomenal Insights*

"With loving kindness and depth, the author invites us to surrender to the bright darkness of lucid dreaming. Through this Black Light, we discover the soul medicine to heal and awaken to our true nature."

Rosemarie Andeson, PhD, author of *The Divine Feminine: Tea To Ching*

Archive Publishing, December 2021
Available on Amazon in paperback and Kindle.
<https://melindapowellbooks.com>



DREAMING TO HEAL PTSD AND MORAL INJURY

A film by Len Worley, PhD

What if disturbing dreams were
Nature's attempt to heal trauma?

Free viewing at

evolutionarydreaming.com



Also available

How to Complete a Nightmare:

Responding Creatively to Disturbing Dreams asserts that the most disturbing dreams are Nature's attempt to help us face anything within ourselves that leaves us disempowered, afraid, or weak.

THE MANY WORLDS OF LUCID DREAMING

OCTOBER 30 - NOVEMBER 13, 2022

Save the Dates

An Online Event from the International Association for the Study of Dreams and GlideWing

For More Details or to Register, Visit GlideWing Online Workshops

[HTTPS://WWW.GLIDEWING.COM/IASD/LUCID_DREAMING_CONference.HTML](https://www.glidewing.com/iasd/lucid_dreaming_conference.html)

Conference Features:

- IASD's Third annual lucid dreaming online conference
- Time Zone Friendly - 24 hour forum
- Cutting Edge Lucid Dreaming Theory and Practices
- Interact in depth with lucid dreaming experts & authors for 2 weeks!
- Discover more effective techniques to go deeper into lucid dreaming.
- See how experienced lucid dreamers promote healing of the mind and body.
- Expand Your Knowledge of lucid dreaming incubation techniques.
- Learn how to maintain and prolong your lucid dreams.
- Share Your Own Experiences and Ideas with Other Lucid Dreamers!

Registration opens on August 1, 2022

Save the Dates

40th Annual International Dream Conference

JUNE 18 - 22, 2023

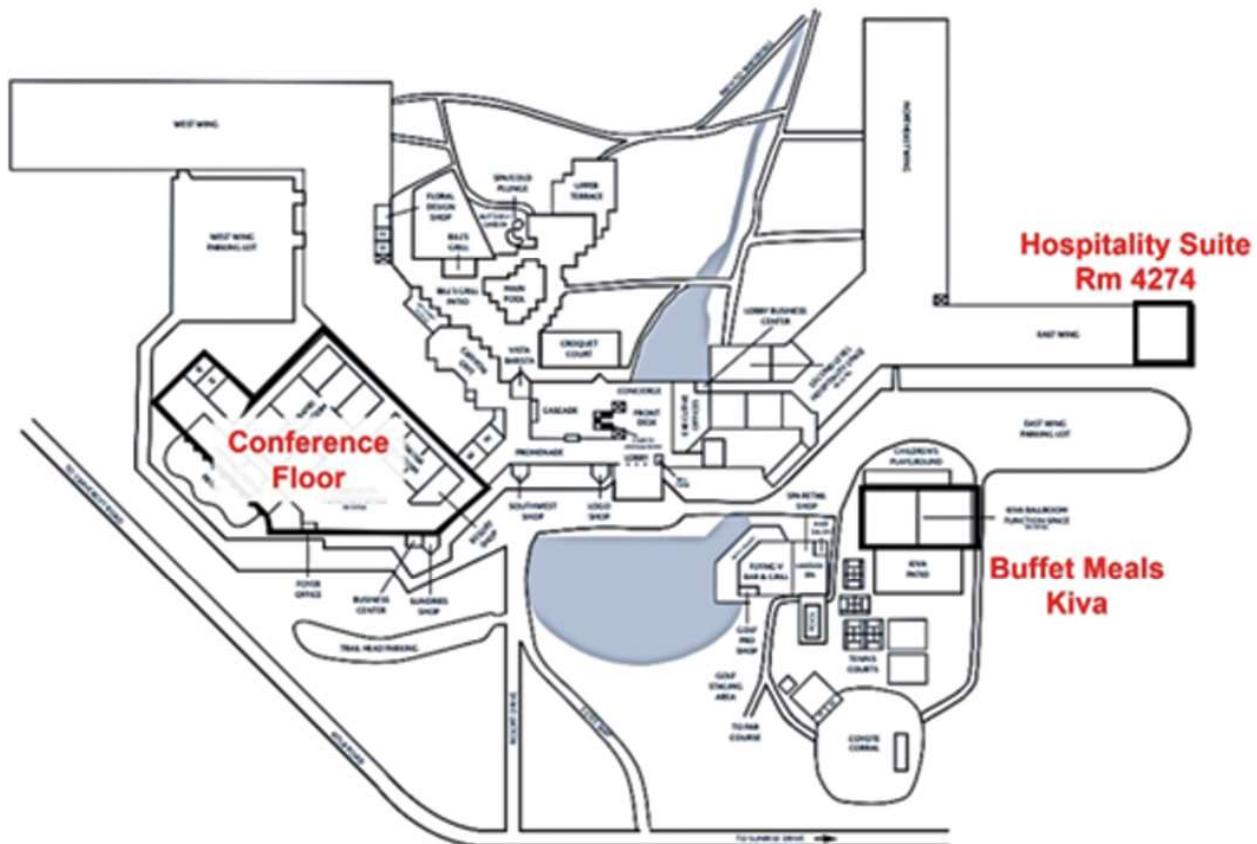
Ashland Hills Hotels & Suites

Ashland, Oregon

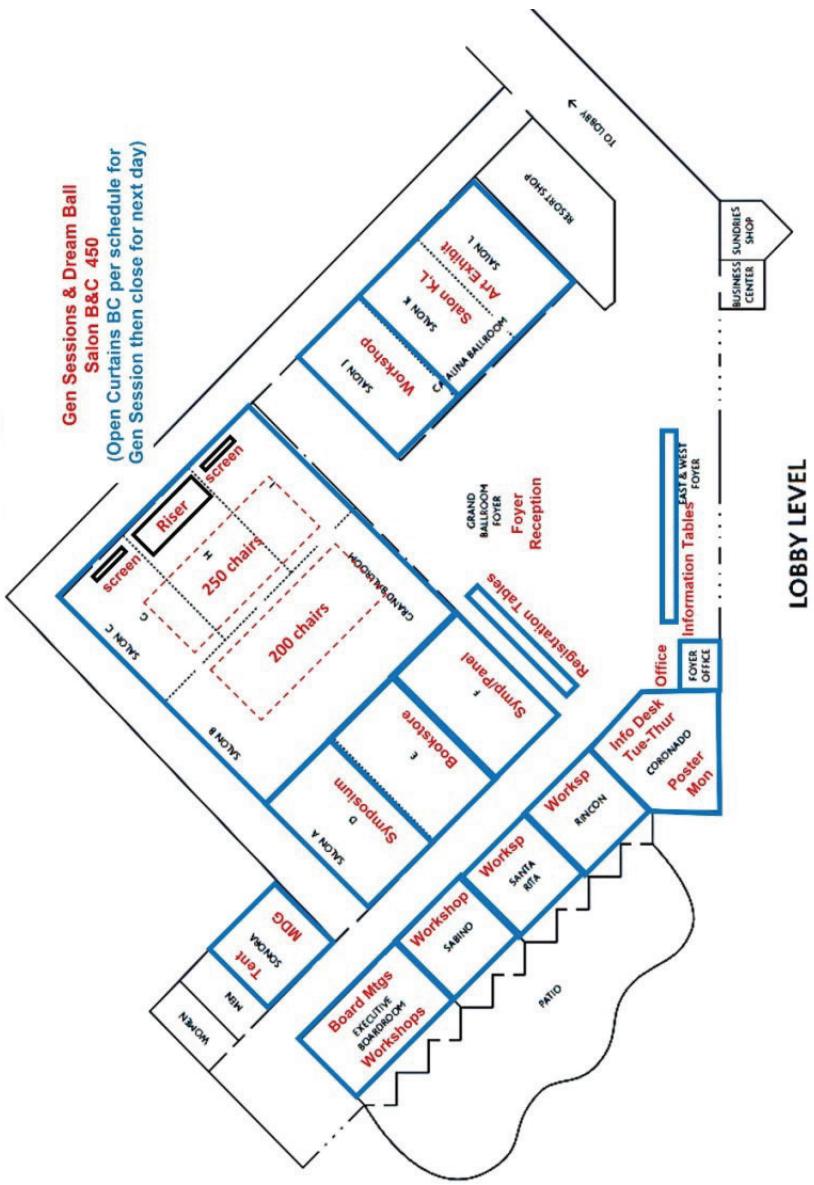
A multidisciplinary conference for
dream studies and dream work.



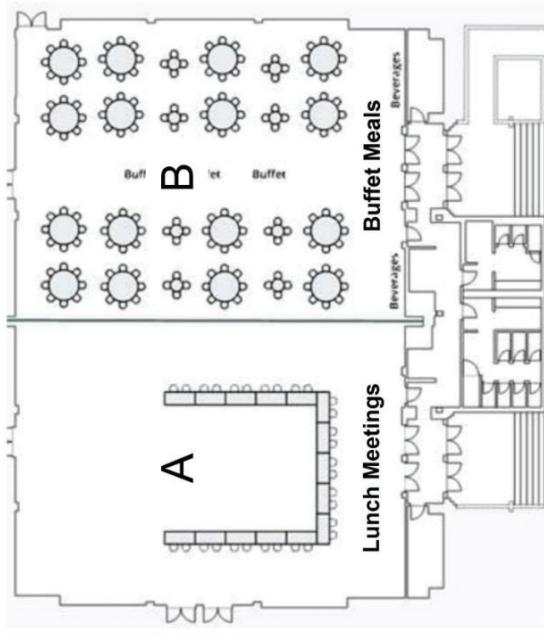
IASD 2022 Conference - Site Map



IASD 2022 Function Room Assignment Overview



IASD 2022 Buffet Meals and Lunch Business Meetings



2022 IASD Conference Program Schedule-at-a-Glance

Time		Pre-Conference Registration Setup: Fri 15 & Sat 16 July			
		SETUP			
9:00 – 6:00 PM		1) Registration Setup [Foyer], Office Storage [Toralita] 2) Receive and Store Art (16 July) [Toralita of Salon K&L]			
Time	Registration	Books	Art Exhibit Setup	Training and Other Setup	Day #1 Sessions - Sun 17 July
8:00-Noon	Registration Setup & Vol Training [Foyer & Coronado]	<i>Bookstore Setup (Bring in books)</i> [Salon E]	Art Exhibit Vol Training [Salons K&L]	10 am – Noon AV Volunteer Training [Salon B&C]	
1:00– 6:30	1 – 6:30 PM Registration [Foyer] Office [Toralita]	1 – 6:15 PM Bookstore Opens [Salon E]	Art Exhibit Setup [Salons K&L]	1:00 – 3:00 Room Monitor Training [Rincon]	IASD Board Meeting #1 1:00 – 6:00 [Exec Board Room] (Dinner served 5pm) 5 to 6:30 PM 1.5 hr IASD Dinner Buffet in the Kiva ballroom B – pay on entry
6:30-8:30	Registration Closed	Exhibit and Bookstore Closed		6:30 – 7:00 Welcome 7:00 – 8:30 Keynote <i>African Mysticism and the Dreams of Modern Science</i> Edward Bruce Bynum, PhD (Introduction by Angel Morgan) Record [Salon B&C]	
8:30-11:00				8:30 – 11:00 Opening Reception with a Newcomers' Welcome [Foyer]	

Time	Register & General	Art Exhibit	Day #2 - Mon 18 July					
			7 – 9 AM IASD Breakfast Buffet – pay on entry [Kiva Ballroom B]					
8:00-9:00 AM	8AM-7:45 PM Registration [Foyer] 9AM-8PM Bookstore [Salon E]	Group 1 <i>Intuitive Dreamwork</i> Group 2 <i>Seth Bennett & Cielak</i> Hoffman (20) [Ex Board]						
9:00-9:15 9:15-10:15	Asclepius Temple Open 10 AM to 1 PM [Sonora]	Research Poster Session 9:15-Noon with Presenters Noon - 7PM for Viewing Mallett & Gackenbach (co-chairs), Carr, Juncker, Kelly(2), Konkoly, Morris, Raider, Reikshan						
10:15-10:30 10:30-12:00	90m Workshop <i>A Nightmare Is a Terrible Thing to Waste</i> Walden							
12:00-2:00	Research Group Lunchon Meeting and Student Researchers [take Lunch from Buffet into Kiva Ballroom A]						[IASD Buffet Lunch in Kiva Ballroom B – pay on entry]	
2:00-4:00	2h Clinical Workshop <i>Somatic Art Therapy</i> Hamel (20)						2h Workshop <i>Dreamwork/BODY Work</i> Campbell (30)	
4:00-4:15	[Exec Boardroom]						2h Workshop <i>Ullman Discussion & Dream Painting</i> Lockheart & Blagrove (15)	
4:15-5:45	[Salons K&L]						2h Workshop <i>Nightmares and the Nervous System</i> Ellis	
5:45-7:45	[Exec Boardroom]						15 min Beverage Break [Foyer]	
8:00-9:30	Information Desk moves to Coronado	Art Exhibit Closed						
9:30-10:00	9:30-10:00 Dream Telepathy Contest Pearson, Waggoner, Brio, Puricelli [Ballroom Salon B&C]						Hospitality Suite Open 9:30-11:00 [Rm 4274]	

Day #3 - Tuesday 19 July					
Time	Info & General	Art Exhibit			
8:00-9:00 AM	8AM-8PM Info Desk [Coronado] 9AM-8PM Bookstore [Salon E]	Group 1 <i>Intuitive Dreamwork</i> Hoffman (20) [Ex Board]	Group 2 <i>Seth Bennett & Ciełak (20)</i> [Sabino]	Group 3 <i>Digging for Dream Gold</i> Bell (16) [St Rita]	Group 4 <i>Dreaming Out Loud</i> Braun, Lynn (12) [Sonora]
9:00-9:15	10 AM to 11 PM [Sonora]	2h Arts Workshop <i>Dream Collage</i> Rabinowe [Exec Boardroom]	2h Dreamwork Workshop <i>Drawn into the Dream</i> Berry [Rincon]	2h Dreamwork Workshop <i>Lucid Dream Therapy</i> LaMarca [Salon J]	15 min Transition w/Coffee & Tea [Foyer]
9:15-11:15	Asclepius Temple Open	90m Dreamwork Workshop <i>Sensing the Signs That Guide Us</i> Ackerman, Joseph [Sabino]	90m Dreamwork Workshop <i>Treasure Hunt</i> Bell [Rincon]	90m Film Showing <i>Sueños Martinez (Producer)</i> Banerji, Mascaro (chair), O'Keefe [Salon F]	2h Psi Symposium <i>Cosmic Senses</i> Clark (chair) Krippner, Graff [Salon D] Record
11:15-11:30	11:30-1:00	Art Exhibit Open	2h Dreamwork Workshop <i>The Living Image</i> Gover (30) [Salon J]	2h Clinical Workshop <i>DreamSynergy™</i> Lasley (35) [Salon F]	2h Dreamwork <i>DreamSynergy™</i> Lasley (35) [Salon F]
1:00-3:00	Art Exhibit Closed	2h Dreamwork Workshop <i>Tiny Objects of the Dream</i> Armitage (15) [Salon J]	2h Dreamwork Workshop <i>The Living Image</i> Gover (30) [Salon J]	90m Healing Panel <i>Health & Healing Dreams</i> Banerji, Mascaro (chair), O'Keefe [Salon F]	90m Lucidity Symposium <i>What Best Defines Lucid Dreaming?</i> Waggoner (chair) & Hamilton [Salon D] Record
3:00-5:00		1h Music Event <i>"The Knowing" Live Performance of Dream Inspired Songs</i> Ernenwein [Salon J]	1h Clinical Workshop <i>Applying Waking Dream Process</i> Hamilton [Salon F]	1:00-2:45 Volunteer Thank You Gathering (Volunteers only, please) [Hospitality Suite Rm 4274]	90m Theory Symposium <i>Kahn (chair), Llewellyn, Stepakoff</i> [Salon C] Record
5:00-5:15		1h Beverage Break [ASD Buffet Lunch in Kiva Ballroom B – pay on entry]	2hr Ethnicity Symposium <i>Cultural Dreaming</i> Dannu (chair), Brewster, Tsuruta [Salon F]	1:00-2:45 Volunteer Thank You Gathering (Volunteers only, please) [Hospitality Suite Rm 4274]	90m Theory Symposium <i>Kahn (chair), Llewellyn, Stepakoff</i> [Salon C] Record
5:15-6:15		1h Lucidity Workshop <i>Lucid Living</i> Webb (25) [Salon D]	2hr Extraordinary Dreams Symposium <i>Dreams, Seth and Epidemics</i> Bennett, Cielak (chair) [Salon D]	2h Spiritual Symposium <i>Dream between Worlds</i> Hoss (chair), Mastrangelo, Van Bronkhorst [Salon C] Record	2h Spiritual Symposium <i>Dream between Worlds</i> Hoss (chair), Mastrangelo, Van Bronkhorst [Salon C] Record
6:15-8:15	Art Exhibit Open	2-hour Dinner Break [ASD Dinner Buffet in Kiva Ballroom B – pay on entry] 8:00 Begin Enter (keynote - Music on Entry by Craig Webb)	1h Lucidity Workshop <i>Lucid Living</i> Webb (25) [Salon D]	Invited Presenter <i>Dark of Night: Our Dreams of the Covid-19 Pandemic</i> Deirdre Barrett (intro. by Mark Blagrove) [Salon C] Record	Invited Presenter <i>Dark of Night: Our Dreams of the Covid-19 Pandemic</i> Deirdre Barrett (intro. by Mark Blagrove) [Salon C] Record
8:15-9:45	Art Exhibit Closed	Anagogic Oneirony: Dreaming and Awakening (Introduction by Angel Morgan) [Salon B&C] Record	8:15-9:45 Keynote Stephen Laberge [Salon B&C] Record	Hospitality Suite Closed for Setup	Hospitality Suite Closed for Setup
9:45-12:00		9:45-12:00 Presenter Thank You Gathering (presenters only, please) [Hospitality Suite Rm 4274]			

Day #4 - Wednesday 20 July			
Time	Info & General	Art	
8:00-9:00	8AM -8PM Info Desk [Coronado] 9AM -8PM Bookstore [Salon E]	Group 1 <i>Intuitive Dreamwork</i> Hoffman (20) [Ex Board] 1h Dreams & Arts Workshop <i>Collaborative Dream Poetry</i> Gregorino [Sabino]	7 – 9 AM IASD Breakfast Buffet - – pay on entry [Kiva Ballroom B] Group 2 <i>Digging for Dream Gold</i> Bennett & Cielak (20) [Sabino] 1h Dreamwork Workshop <i>Leading Dream Groups</i> Forest [Rincon]
9:00-9:15		Group 3 <i>Dreaming Out Loud</i> Braun, Lynn (12) [Sonora]	Group 4 <i>Dreaming Out Loud</i> Braun, Lynn (12) [Sonora]
9:15-10:15		Group 5 <i>Projective Landerman</i>	Group 6 <i>Writers Dreaming</i> Williams (12) [Salon J]
10:15-10:30	Asclepiion Temple Open 10 AM to 11 PM [Sonora]	15 min Transition w/Coffee & Tea [Foyer] 2h Workshop <i>Fairytales of Dream Interpretation</i> Prem [Exec Boardroom]	Group 7 <i>Animal Dreams</i> Rabinow (21) [Salon F]
10:30 – 12:30		1h Clinical Workshop <i>Group Dreamwork in Clinical Practice</i> Shaw [Salon J]	Group 8 <i>Coord™</i> Asato (12) [Salon D]
12:30- 2:30	Art Exhibit Open	15 min Transition w/Coffee & Tea [Foyer] 2h Dreamwork Panel <i>Interactive Dream Group Dynamics</i> Lou & Martinez [Rincon]	1h Dreamwork Workshop <i>Alchemy of Your Dreams</i> Laz [Salon J]
2:30-4:00	Art Exhibit Closed	2hr Psi Workshop <i>Intuition: Spark of Dream Interpretation</i> Emery [Salon J]	2hr Spiritual Symposium <i>Long Term Journaling</i> Pearson (Chair), McCall, Hoffman & Hoss Campbell [Salon F]
4:00-4:15		2hr Lunch Break IASD Buffet Lunch in Kiva Ballroom B – pay on entry 1:45 – 2:15 Special event TBA	Regional Rep Group Luncheon Meeting [bring IASD Buffet lunch into Kiva Ballroom A]
4:15-5:30		90m General Membership Meeting Presidential Address [Salon B & C]	Hospitality Suite Open to 2:15 (no meal served) [Rm 4274]
5:30-8:00		15m Beverage Break and music on entry – Craig Webb [Foyer]	2hr Research Symposium CE General Topics Warner (Chair) Powell, Konkoly (Chair), Blagrove, Picard-Deland, Stephenson [Salon C]
7:00-7:30	7:00 Art Closed for Setup	4:15-5:30 Keynote <i>The Impact of Dream Loss on Collective Consciousness</i> Rubin Naiman, PhD (Introduction by Robert Hoss)	4:15-5:30 Keynote <i>The Impact of Dream Loss on Collective Consciousness</i> Rubin Naiman, PhD (Introduction by Robert Hoss)
8:00-10:00		Free Time Events & Dinner Break 2 ½-hour Dinner Break [IASD Dinner Buffet in Kiva Ballroom B – pay on entry]	5:30 – 6:30 Meet the Artists [Salons K&L] 7:00 – 8:00 PM Dream Circle Dance Webb [Foyer]
		Dream Art Reception <i>Entry Music Composed from Dreams – Curt Hoffman</i> [Salons K&L and Foyer]	5:30-7:30 Hospitality Suite Open (no meal served) [Rm 4274]

Day #5 - Thurs 21 July			
Time	Info & General	Art	
7:00 to 9:00		Art Exhibit [Salons K&L]	7 - 9 AM IASD Breakfast Buffet – pay on entry [Kiva Ballroom B]
8:00 - 9:00	8AM -8PM Info Desk [Coronado] 9AM -3PM Bookstore <u>Authors pick up books between Noon and 3PM</u> [Salon F]	Group 1 <i>Intuitive Dreamwork</i> Hoffman (20) [Ex Board]	7 - 9 AM IASD Breakfast Buffet – pay on entry [Kiva Ballroom B]
9:00-9:15		Group 2 <i>Seth Bennett & Cielak (20)</i> [Sabino]	Group 3 <i>Digging for Dream Gold</i> Bell (16) [St Rita]
9:15-10:30		Group 4 <i>Dreaming Out Loud</i> Braun, Lynn (12) [Sonora]	Group 5 <i>Projective Landerman</i> [Rincon]
		Group 6 <i>Dreaming Williams (12)</i> [Salon J]	Group 7 <i>Animal Dreams Rabinow (21)</i> [Salon F]
		Group 8 <i>Writers Dreaming Asato (12)</i> [Salon D]	Group 9 <i>First Timers Coord™ Welt & Goodman (18)</i> [Salon C]
10:30-10:45		15 min Transition w/Coffee & Tea [Foyer] Music on entry to Keynote –Craig Webb	
10:45-12:45	Asclepius Temple Open 10 AM to 8 PM [Sonora]	From Nightmares to Lucid Dreams: How Dreams Impact Our Mental Health Noon and 3PM [Salon F]	9:15-10:30 Keynote Michelle Carr (Introduction by Mark Blagrove) [Ballroom B & C]
12:45-2:45		15 min Transition w/Coffee & Tea [Foyer]	Record
2:45-4:15		2h Arts Workshop <i>Dreams into Poetry</i> Aarli [Rincon]	2h Psi Film <i>Yesterday's Children</i> Webb [Salon J]
4:15-4:30		2hr Lunch Break	2h Spiritual Workshop <i>Dream as Koan – Koan as Dream</i> Whalen [Salon F]
4:30 - 5:30		IASD Buffet Lunch in Kiva Ballroom B – pay on entry	2h Dreamwork Workshop <i>Embracing your Dreamer's Journey: on Synchronous Paths</i> Hoss [Salon C]
5:30 - 8:00	Art Open	Conference Planning Group Luncheon Meeting [Bring lunch from IASD Buffet into Kiva Ballroom A]	2h Hybrid Research Symposium Valli, Blanchette-Carriere, Chapelle, Schredl [Salon D] Record
8:00 - Midnight	Art Removal	IASD Buffet in Kiva Ballroom B – pay on entry	2:45 - 2:30 Hospitality Open (no meal served) [Rm 4274]
		90m Dream & Health Workshop <i>Waking Dream Therapy</i> Tang [Sabino]	2:45 - 2:30 Hospitality Open (no meal served) [Rm 4274]
		90m Dreamwork Workshop <i>Dreams 1-2-3</i> DeBord [Salon J]	2h Dreamwork Workshop <i>Connect to the Subconscious</i> Feinstein [Salon F]
		15 min Transition	90m Special Event: <i>The Dreams in Cinema Welt</i> [Salon C]
		4:30-7:00	90m Dream Sequence: <i>The Dreams in Cinema Welt</i> [Salon C]
		2 ½ hr Board Meeting (Dinner served at 6:00) [Exec Boardroom]	90m Hybrid Research Symposium Peters, Esfahany, Horowitz* (* pres. by Esfahany), Pagel [Salon D] Record
	CE Checkout by 7pm		1h Hybrid Research Symposium Sikka, Youngren, Konkoly [Salon D] Record
		2 ½ hr Dinner Break plus Costume Preparation [IASD Dinner Buffet in Kiva Ballroom B – pay on entry]	
		8:00 - 9:00 Costume Parade [Ballroom A, B, C]	
		9:00 - Midnight Dream Ball - Dance Music by George Howard Band	
		8:00 - 11 AM	Hospitality Suite Open 8:00 to 11 AM

Conference Notes, Dreams, Doodles, Autographs

Conference Notes, Dreams, Doodles, Autographs

Conference Notes, Dreams, Doodles, Autographs

